

# GCS Medical College, Hospital & Research Centre Ahmedabad



# **HEALTH CHECK UP PLANS**



Package Name / Test	Basic Health Check Up Plan	Cardiac Profile	Diabetic Profile	Well Woman Plan
Preliminary Tests				
CBC with ESR	✓	✓	$\checkmark$	✓
Urinogram	✓		✓	✓
Stool Routine & Micro				<b>✓</b>
Blood Group	✓			✓
Diabetic Profile				
FBS, PPBS (Random sugar)	<b>✓</b> *	✓	$\checkmark$	✓
HbA1c (Glyco Hb)			$\checkmark$	
Urine Microalbumin			✓	
Kidney Function Tests				
Blood Urea			<b>✓</b>	
Uric Acid				
S. Creatinine	<b>✓</b>		<b>✓</b>	
S. Electrolyte				
S. Calcium				✓
Liver Function Tests				·
S. Bilirubin Total (Direct - Indirect)				
SGPT	✓			
Gamma GT				
Alkaline Phosphatese				
SGOT				
S. Protein (A.G. Ratio)				
Cardiac Test				
CRP		<b>✓</b>		
CPK - MB				
Pulmonary function test				
2D Echo				
TMT		<b>✓</b>		
Lipid Profile		· · ·		
ECG (Electrocardiogram)	<b>✓</b>	<b>V</b>	<b>✓</b>	
Thyroid Screening	<b>V</b>	~	~	
S. TSH				<b>✓</b>
Cancer Detection				~
Male PSA				
Mammography (Female only)				<b>~</b>
Female PAP Smear				~
Radiological Investigation	<b>✓</b>	<b>✓</b>		
X-Ray USG	<b>~</b>	<b>✓</b>		<b>✓</b>
Anemia Profile				✓
S. Iron S. B12				
S. Ferritin				
Consultation		,		
Physician	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
Surgeon				<b>✓</b>
Gyneac (For Females)				<b>—</b>
ENT Consultation				✓
Dental Consultation			<b>/</b>	
Eye Consultation		<b>✓</b>	<b>✓</b>	<b>/</b>
Dietician Consultation	$\checkmark$	✓	$\checkmark$	<b>✓</b>
	₹750	₹ 2400	₹ 1400	₹ 2100
	* Any one			

Package Name / Test	Premium Health Check Up Plan (For Male)	Premium Health Check Up Plan (For Female)	Master Health Check Up Plan	Executive Health Check Up Plan
Preliminary Tests				
CBC with ESR	✓	✓	✓	✓
Urinogram	$\checkmark$	✓	✓	✓
Stool Routine & Micro	✓	✓	✓	✓
Blood Group	<b>✓</b>	<b>✓</b>	✓	<b>✓</b>
Diabetic Profile				
FBS, PPBS (Random sugar)	✓	<b>✓</b>	✓	<b>✓</b>
HbA1c (Glyco Hb)	<b>/</b>	<b>✓</b>		•
Urine Microalbumin	· /	· /	•	
Kidney Function Tests	<b>V</b>	<b>V</b>		
Blood Urea	<b>✓</b>			
		<b>/</b>		
Uric Acid	<b>✓</b>	<b>✓</b>	<b>✓</b>	
S. Creatinine	✓.	✓	✓.	✓
S. Electrolyte	✓	✓	✓	
S. Calcium	✓	✓	✓	✓
Liver Function Tests				
S. Bilirubin Total (Direct - Indirect)	✓	$\checkmark$	$\checkmark$	
SGPT	$\checkmark$	✓	$\checkmark$	$\checkmark$
Gamma GT	✓	✓		
Alkaline Phosphatese	✓	✓		
SGOT	✓	✓		
S. Protein (A.G. Ratio)	✓	<b>✓</b>		
Cardiac Test				
CRP				
CPK - MB				
Pulmonary function test				
2D Echo	✓	✓		
TMT	<b>/</b>	<b>✓</b>		
Lipid Profile	<b>/</b>	<b>/</b>	<b>✓</b>	<b>✓</b>
ECG (Electrocardiogram)	· /	<b>~</b>	✓ ✓	· /
Thyroid Screening	•	•	•	•
S. TSH	<b>✓</b>	<b>✓</b>	✓	<b>✓</b>
Cancer Detection	<b>V</b>	<b>V</b>	<b>V</b>	•
	<b>✓</b>		_	
Male PSA	<b>~</b>		<b>✓</b>	
Mammography (Female only)		<b>✓</b>	<b>✓</b>	
Female PAP Smear		✓	✓	
Radiological Investigation			,	
X-Ray	<b>√</b>	<b>✓</b>	✓.	<b>✓</b>
USG	✓	✓	✓	✓
Anemia Profile				
S. Iron	✓	✓		
S. B12	$\checkmark$	$\checkmark$	$\checkmark$	
S. Ferritin	$\checkmark$	✓		
Consultation				
Physician	✓	✓	✓	✓
Surgeon	✓ ✓	✓	✓	
Gyneac (For Females)		✓	✓	
ENT Consultation	✓	<b>✓</b>	<b>✓</b>	✓
Dental Consultation	<b>✓</b>	<b>✓</b>	✓	
Eye Consultation	✓	✓	✓	<b>✓</b>
Dietician Consultation	· /	<b>✓</b>	· /	· /
				₹ 0000
	₹ 6000	₹ 6500	₹ 4000 (Male) ₹ 4400 (Female)	₹ 2200

### WHY DO I NEED A HEALTH CHECK?

Good health is the key to a happy and fruitful life; it is also the most neglected asset. Our lifestyle today is ridden with unnecessary stress, irregular working hours, poor eating habits, late night partying and inadequate rest. All these coupled with high pollution levels result in physical and psychological health problems.

We regard health as a personal responsibility and strive to empower you to take charge of your wellness. With today's pace, it is easy to overlook personal health until there is a medical crisis. Health problems can be managed more effectively if detected at an early stage.

We are delighted to offer you health check plans with comprehensive medical assessment and personalized preventive solutions to suit individuals and corporate. From simple routine health check up to high end health check-ups with sophisticated tests, all our health check programs are backed with the best medical equipment and expertise. We also offer the option of immediate treatment. Your evaluation is individualized according to your personal health needs and remains strictly confidential.

### **SOME GUIDELINES**

- •Prior appointment is essential to avoid inconvenience.
- •The entire check up takes around 5-6 hours depends on the package selected.
- •A minimum 12 hours fast is essential before a health check plan except some water intake.
- •It is advised that you wear loose and comfortable clothing and no jewellery when coming for the check up.
- •Kindly bring along the medical records of any illness in the past as well as any hearing, visual (spectacles) or other aids in use.
- •Additional tests, investigations or consultation can be conducted on request or requirement but will be billed in addition to the price of the specific package.
- •Pregnant Women must inform X-Ray Technician if pregnant / expecting pregnancy.
- $\bullet Please \, do \, not \, submit \, urine \, sample \, / \, pap \, smear \, swab \, during \, menstruation.$
- •Male patients are requested to shave their chest to ensure a good ECG/TMT.









## **ADVANTAGES**

- State of the art equipments and trained technicians for reliable reports.
- •Different screening programs to suit the needs of individuals and groups
- •Comprehensive medical questionnaire with full physical examination and consultation with a physician, surgeon and dentist.
- Facility for resting ECG & chest X-ray, USG of abdomen & pelvis, 2D ECHO, TMT, CT Scan & Mammography.
- •PAP Smear and gynecological consultation for women
- •PSA for men
- Dental check up & advice
- •Written report and review provided within one working day
- Follow up tests and consultation available if needed
- •Option of immediate treatment, if required



Prevention is Better than Cure!



# Scope of Services

#### **GENERAL SPECIALITIES:**

Anesthesia

Dentistry

Dermatology (Skin & V.D.)

•Emergency Medicine

•Ear, Nose & Throat (ENT)

•General Medicine

•General Surgery

Gynaecology & Obstetrics

Maxillo-Facial Surgery

Ophthalmology

Orthopaedics &

Joint Replacement

Paediatrics

Psychiatry

•TB & Respi. Diseases

#### SUPER-SPECIALITIES:

Cardiology

Cardiothoracic &

Vascular Surgery

Endocrinology

Gastroenterology

Gastrointestinal Surgery

Interventional Radiology

Medical & Surgical Oncology

Nephrology

Neurology & Neurosurgery

Ortho-Dentistry

Paediatric Dentistry

Paediatric Gastroenterology

Paediatric Nephrology

Paediatric Neurology

Paediatric Surgery

•Plastic, Cosmetic & Reconstructive Surgery

•Rheumatology

Spine Surgery

Urology & Kidney Transplant

#### **CLINICAL SERVICES**

•Intensive Care Unit - PICU

NICU, ICCU, SICU •Endoscopy

•Dialysis

Cathlab

Physiotherapy

•IVF

•Kidney Transplant

•Health Check-up

#### 24x7 SERVICES

Emergency

Ambulance

•Radiology Services

Laboratory Services

Blood Centre

Indoor Pharmacy



Empanelled with **Ayushman Bharat Yojana** to provide **Free treatment** to beneficiaries.



Empanelled with the leading Government & Private Insurance-TPA Companies

for Cashless / Mediclaim facility.



# GCS MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE

