

# GCSMCH News Letter

Issue: 20

July-September 2017

## **GCS Medical College, Hospital & Research Centre**

wish you

# *Happy New Year*

May the New year  
Spread into your Life  
Peace, Prosperity, Happiness and Good Health.



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# EDITOR'S DESK

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### Chief Editor

**Neha Lal** (Sr. General Manager - Operations & HR)

We hear your feedback at [communications@gcsmc.org](mailto:communications@gcsmc.org)

## Connect with us

Social media is an important way to bring together our patients, physicians, community and employees. We have reached more than 9,300 likes on our facebook page. Thank you for your continued support. You can follow us on at ([facebook.com/gcsmc](https://www.facebook.com/gcsmc)) to get the latest information on news, events & updates of GCS MCH.

## From Chief Editor's Desk

Dear Readers,  
Festive Greetings!

Happy New Year! On behalf of the entire team at GCSMCH, I would like to take this opportunity to wish you an excellent year ahead, filled of joy, peace and prosperity.



This 20<sup>th</sup> issue of GCSMCH newsletter brings a number of awareness programs, camps and marketing activities for World Breast Feeding Week, World Alzheimer's Day, World Heart Day, National Nutrition Week, Anti Malaria month, Swine flu awareness along with other important initiatives. We also have a varied activities and programs of health days, Community Medicine activities, Training and HR updates, Medical College updates along with many other significant updates for you.

We are pleased to announce the launch of our brand new website! After several months of hard work and dedication, we are thrilled to invite you to visit us at our revamped website [www.gcsmc.org](http://www.gcsmc.org).

As every year the festive celebration is incomplete without celebrating Navratri. Have glimpse of our Garba Night - Ramzat 2017 organized by GCSMCH, Gujarat Cancer Society and GCRI.

I hope you enjoy reading this issue! And if you have any ideas, suggestions or feedback, we can't wait to hear it!

Warm Wishes for a Happy New Year with plenty of Peace and Prosperity.

HAPPY READING!

**Neha Lal**  
Chief Editor

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%).

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# SIGNIFICANT UPDATES

## Significant Updates

### New Revamped Website

We are excited to announce that our new and refreshed website ([www.gcsmc.org](http://www.gcsmc.org)) is live & kicking. The updated site includes changes to navigation, with drop-down menus for both mobile and desktop versions. We have also improved the structure of our content, so our viewers get more from a quick read. There's a whole host of smaller but impactful changes, all to make one's experience of the adjust site that much better. Our resolution was to split our site content into graphical cum legible way. We have also created a host of new graphics, published a gallery's worth of images, & included a few updates that have made the site easier to use.



### Felicitation of Dr. Bharat Ghodadra

**Dr. Bharat Ghodadra** was felicitated on 5 September'17 - Teachers Day at M & J Western Regional Institute of Ophthalmology, Civil Hospital, Ahmedabad.



### MRCPCH Paediatrics - UK prestigious exam 2017

MRCPCH Paediatrics - UK prestigious exam was conducted at GCS Medical College Hospital & Research Centre on 23 & 24 September 2017. Earlier exam was held in September'14 & January'15. Examiners from UK & all over India conducted the exam. **Dr. Raju Shah** was Coordinator while **Dr. Kirti M Patel** & **Dr. Bharat Ghodadra** helped locally. 48 candidates appeared for the exam. The arrangements was very well appreciated by all examiners & candidates.



MRCPCH EXAM - 2017 , GCS Medical College Ahmedabad

### Gujarat IPS UG Psychiatry Quiz

GCS Medical College under graduate First MBBS students **Shreel H. Patel** and **Omkar N. Gadre** won the Psychiatry quiz (Central and North zone of Gujarat). They stood runner up.

Now they will compete with teams from West zone of India (Gujarat, Maharashtra, Goa) in 48<sup>th</sup> ACIPSWZB (Annual conference of Indian Psychiatry Society West Zone Branch) at Rajkot, Gujarat. If they win this quiz then they will compete with teams from all over India in next February 2018 at ANCIPS (Annual conference of Indian Psychiatry Society) at Ranchi, Chhattisgarh.





# SIGNIFICANT UPDATES

## Significant Updates

### SCOPE Conference

#### Dr. Heena Chhanwal

had delivered a talk as a faculty on Trauma emergencies in SCOPE Conference (Structured Course on Paediatric Emergencies) held at CIMS Hospital on 27 August 2017.



### Workshop of Infusion Team

GCSMCH Nursing Team arranged workshop of Infusion Team with B.D company and Ms. Sonal Prajapati. Aim of the program was as below.

- To create a team of nurses who are expertise in Infusion therapy.
- Specialty nursing in the area of Infusion Therapy.
- Update knowledge on latest development in Infusion Therapy.
- Awareness on latest technology advancement in IV Cannula.



### Breast feeding week by Nursing Team

GCSMCH Nursing team celebrated World Breastfeeding week (August 1-7). During this week essay competition, poster competition was arranged by Nursing Team. & Pediatric Department. Quiz competition for doctor was arranged by Dr. Baldevbhai Prajapati and Team. During this week Health Education was given to Mothers on Importance of Breast Feeding & Baby Care.



### Navratri Mahotsav - Ramzat 2017

Gujarat Cancer Society, GCSMCH & GCRI celebrated Navratri Mahotsav "**Ramzat 2017**" on 23 September 2017 at Samarpan Party plot, Sadvichar Parivar, Satellite. Students of GCS Medical College nicely arranged the program. A crowd of more than 1500 people (including students, faculties & other staff) enjoyed the event.







# EMPLOYEE CORNER

## Helping hands to needy

In the last week of July 2017, Gujarat witnessed incessant rainfall causing devastating floods, with major concentration in few of the northern districts of the state. The downpour wreaked havoc resulting into death toll, loss to farmlands and instant damage to widespread infrastructure. Although appropriate measures by the Government authorities were taken for the immediate relief and rapid responses to the affected areas, it became necessary to carry out advance relief actions in these areas. At this juncture, many GCSians provided a helping hand in restoring the livelihood of the localities in the form of charity (directly or indirectly), by providing cloths, food items etc. It is time, we thank them for their gesture towards this noble help.



### Dean

Dr. Kirti Patel

### Medical Administration

Dr. Natwarbhai Rathod  
Dr. Rakesh Patel

### Anaesthesia

Dr. Heena R. Chhanwal  
Dr. Dhara Shah

### Ophthalmology

Dr. Bharat K. Ghodadra

### Paediatric

Dr. Baldev S. Prajapati

### Radiology

Dr. Asuthosh N. Dave

### General Medicine

Dr. Mikul Joshi

### Orthopedics

Dr. Kashyap Zala

Dr. Mukesh Shah

Dr. Hiren K. Shah

Dr. Suril A. Shah

Dr. Aalok M. Shah

Dr. Pallav P. Patel

Dr. Ankit R. Patel

### Accounts

Ms. Rachana D. Pathak  
Mr. Manish M. Thoriya  
Ms. Binjal K. Desai

### Pharmacy

Ms. Jayshree Shah

### Business Development

Mr. Sarfaraj K. Mansuri  
Ms. Pravina G. Shah

### Engineering

Mr. Mitul B. Brahmbhatt  
Mr. Sumit D. Parmar  
Mr. Bharat K. Tank

Mr. Naranji K. Thakor (Jr. Assistant)

Mr. Rajan T. Parmar (Fireman)

Mr. Mohammed N. Pathan

### Community Medicine-C

Ms. Rizwana S. Mansuri

### HR

Mr. Ajit P. Shah  
Ms. Ribeca V. Christian

### Administration-H

Mr. Ashokbhai J. Pandya

### IT

Mr. Mihir K. Mistry  
Mr. Rahul J. Panchal

### Nursing

Ms. Jagruti N. Dodiya  
Ms. Saritha S. Nair  
Ms. Anandi R. Christian  
Ms. Shelina P. Macwan

Ms. Daksha D. Mahida

Ms. Sushila Salunke

Mrs. Rekha Y. Leua

Ms. Anju M. Kunchara

Ms. Urmila K. Prajapati

Ms. Reena V. Darji

### OT

Mr. Vaibhav A. Nanshah

### Physiotherapy

Dr. Rini J. Patel

### Security

Ms. Sunita K. Modi

### Stores

Ms. Renuka G. Rajwadi

### Outsourced Staffs

Mr. Pankaj Thakar  
Mr. Dipak Raval

## Employee Appreciation

**Appreciation** was received from patients for the below-mentioned employees and doctors of GCS Medical College, Hospital & Research Centre for **providing best care, good coordination and support to them.**



### Doctors:

Dr. Aalok Shah (Orthopaedic)  
Dr. Ami Shah (Obst. & Gynec)  
Dr. Parvez Ansari (Paediatric)  
Dr. Deepak Shrivastav (Clinical Assistant)  
Dr. Khushbu Pathan (Clinical Assistant)  
Dr. Harita Anand (Clinical Assistant)  
Dr. Sadhana Varun (Clinical Assistant)  
Dr. Heena Vaghela (Clinical Assistant)  
Dr. Keyur Dudhaiya (Clinical Assistant)

### Supportive Staff:

Mr. Parthesh Bhatt (Sr. Executive - Special Wing)  
Mr. Jignesh Parmar (Sr. Executive - Special Wing)  
Mr. Rakesh Prajapati (Executive - Special Wing)  
Mr. Pratik Rathod (Executive - Special Wing)  
Ms. Neha Ravat (Executive - Special Wing)

### Visiting Consultants:

Dr. Aniket Pandya (Urology Surgeon)  
Dr. Nilesh Pandav (Gastroenterologist)  
Dr. Rashesh Solanki (Gastroenterology Surgeon)

### Nursing Staff:

Ms. Malti Patel (Assistant Nursing Superintendent)  
Ms. Pooja (Nursing Staff)  
Ms. Ami (Nursing Staff)  
Mr. Vasant Patel (Nursing Staff)  
Ms. Bindu Patel (Nursing Staff)  
Ms. Jyotika Vaghela (Nursing Staff)  
Ms. Falguni Acharya (Nursing Staff)

### Attendant:

Ms. Kusum (Housekeeping)  
Ms. Kismat (Housekeeping)  
Mr. Bharat (Housekeeping)



# EMPLOYEE CORNER

## New Joinees - Welcome to GCS



### **Administration - NS/NC**

Mr. Jalajkumar Ramakantji Joshi  
Ms. Nisha Harshit Patel  
Ms. Radhika Kantibhai Ninama

### **Anaesthesia-H**

Dr. Pallavi H. Bhange  
Dr. Sejal R. Parmar  
Dr. Carolinsmita A. Kerketta

### **Bio-Chemistry-C**

Dr. Utsav M. Parmar

### **Bio-Chemistry-H**

Ms. Seron Deepak Patel

### **Casualty**

Dr. Khushboo Shah  
Dr. Ashish Sharma

### **Dietary**

Ms. Shruti Kamleshbhai Patel

### **ENT-H**

Dr. Rohan R. Amin  
Dr. Mittal J. Poriya

### **Front Office**

Mr. Chirag Bharatbhai Rathod

### **Security**

Mr. Ajay Kumar Singh

### **Pharmacy**

Mr. Ripal Kantibhai Patel

### **Dentistry**

Dr. Arpi Parikh

### **Obstetrics and Gynecology**

Dr. Preeti P. Bajaj  
Dr. Mansi J. Panchal

### **Ophthalmology**

Dr. Keshavi N. Shah

### **Paediatric**

Dr. Sumit S. Patodia  
Dr. Nishit A. Patel

### **Medicine-H**

Dr. Jimish D. Trivedi  
Dr. Pooja R. Chhatrala  
Dr. Itesh Khatwani  
Dr. Ronak Kapadia  
Dr. Hetal S. Patel

### **Quality**

Ms. Jignesa Kiritbhai Jadav

### **Radiology-C**

Dr. Bhavin M. Thakkar

### **Radiology-H**

Dr. Alisha Firoj Ghanchi  
Mr. Chirag Rameshbhai Shrimali

### **Surgery**

Dr. Nirav B. Patel

### **TB & Chest**

Dr. Nileshkumar R. Parmar

### **Nursing**

Ms. Devaki Babubhai Dodiya  
Ms. Khushbuben Govindbhai Patel  
Ms. Priya Navinkumar Patel  
Ms. Surbhiben Bhikhabhai Parmar  
Ms. Archana Raymunbhai Christian  
Ms. Ayushiben Himmatsinh Puvar  
Mr. Elois Arnestkumar Christian  
Ms. Parul Maniyabhai Damor  
Ms. Jalpaben Mukeshbhai Patel  
Ms. Urvashi Chandubhai Kotadiya  
Ms. Monika Dineshbhai Priyadarshi  
Ms. Sangitabhen Rathva  
Ms. Sneha Silasbhai Mekvan  
Mr. Vipul Hirabhai Chaudhary  
Mr. Abhishek Parmar  
Ms. Anjanabhen Rana  
Ms. Jayshri Mahendrakumar Jadeja  
Ms. Devanshi Amishkumar Solanki  
Ms. Dharaben Dhirajlal Dobariya  
Ms. Pragatibhen Bharatbhai Palat  
Ms. Selin Silvansh Christian  
Ms. Shaili Rajnikant Christian  
Ms. Ankita Karnelyasbhai Rana  
Ms. Nehalben Satishbhai Patel  
Ms. Ankitaben Mahendrabhai Sharma  
Ms. Kajalben Hariom Patel  
Ms. Anjanaben Nanjibhai Dund  
Ms. Neepaben Babubhai Dodiya  
Ms. Riddhibhen Chiragkumar Patel  
Ms. Shehanajbanu Ikbalbhai Mansuri  
Ms. Rohini RamdasMada  
Ms. Stefy Sikandarbhai Christian  
Ms. Hani Rakeshkumar Patel  
Ms. Chandrikabhen Kantibhai Kotad  
Ms. Manishaben Peter Vanik

# EMPLOYEE CORNER

## Training & Development

Training is the vital part and in last month we have conducted 10 trainings and received good participation nearing 800 plus. All training were evaluated and re-training was done based on the evaluation.

GCSMCH Infection Control Department arranged Training for Nursing Staff and Lab Technician on "Hepatitis Elimination" in association with BD Group of company on 4 August 2017.



Fire Safety Training

## Hepatitis Elimination Training



## HR Updates

### Annual Health Check-up for employees

As you all know that GCSMCH & RC is regularly conducting Pre-Employment Health Check-up for all not only for its new joinees' of all categories' but for employees completing over 1 year of service. As a part of same policy, Annual Health Check-up and Vaccination-2017 for employees (all medical and Para-medical staff who directly involved in patient care) has been initiated.



### Employee Satisfaction Survey

At GCSMCH, an important survey was conducted to analyse the employee satisfaction level.

One of the management trainees was assigned this task to undertake the survey for January to June 2017. According to the survey and its analysis, an overall 82% employee satisfaction level was noted.





# MARKETING INITIATIVES

## CMEs

- CME held on 14 July 2017, on Endocrinology for **Dr. Shrikant Somani** (M.D., D.N.B - Endocrinologist) on Topic: "Subclinical Thyroids Adults & Pediatric" & for **Dr. Rahul Agarwal** (M.D. - Medicine) on Topic: "Gestational Diabetes" attended by 57 Doctors.



- CME held on 26 August 2017 for AEDC (Ahmedabad East Doctors Circle's) Association on "Joints Replacement - Overview & Recent Advances" for **Dr. Jyotish Patel** (MS Orthopedics), **Dr. Mukesh Shah** (MS Orthopedics) & **Dr. Karnav Panchal** (MS Orthopedics) & Brief updates on "Swine Flu - H1N1" Guidelines for **Dr. Vipul Prajapati** (MD Medicine).



- CME held on 21 September 2017 for in house Doctors team on the occasion of "**World Alzheimer's Day**" on the Topic "Dementia" by **Dr. Hitendra Gandhi, Dr. Hitesh Patel, Dr. Alpesh Gediya, Dr. Harshil Chauhan.**



- CME held on 29 September 2017 for In-house Doctors & Staff by **Dr. Sandarbh Patel** (Cardiologist) on the occasion of **World Heart Day.**





# MARKETING INITIATIVES

## Camps & Campaigns

- Screening Camp was organized 20 July 2017 onsite at Arvind Santej unit for total 210 patients were screened & medicines given.
- Multi Specialty Screening Camp for Dr. Sandip Shah (Gastro) & Dr. Aniket Pandya (Urology) held on 18-19 August'17 onsite at Sintex Kalol Unit their Employees Medical cover by ESIC, 417 beneficiaries screened.
- General Screening Camp held on 24 August'17 onsite at Arvind Company at Santej Unit for their Employees Medical cover by ICICI , 81 screened.
- Multi Specialty Camp held on 20 August'17 at Odhav for Dr. Nilesh Pandav (Gastro), Dr. Kalpesh Kapadia (Uro), Dr. Karnav Panchal (Ortho), Medicine & Pediatric in association with AEDC Doctors Association for Public Health, 480 beneficiaries were screened.
- **For General wing** total 20 Free Camps was organized during July - September 2017 as briefed under for more than 6400 beneficiaries.
  - On 13 July at Danilimda Narol
  - On 18 July at Galteshwar
  - On 1 Aug at Behrampura
  - On 3 Aug at Girdharnagar
  - On 5 Aug at Vatva
  - On 8 Aug at Juhapura
  - On 10 Aug at Vastral
  - On 21 Aug at Jamalpur
  - On 22 Aug at Hatkeshwar
  - On 2 Sep at Paliyad
  - On 9 Sep at Bapunagar
  - On 10 Sep at Odhav GIDC
  - On 10 Sep at Hatkeshwar
  - On 10 Sep at Kuva
  - On 11 Sep at Saraspur
  - On 13 Sep at Viratnagar
  - On 14 Sep at Narol
  - On 16 Sep at Lambha
  - On 19 Sep at Jamalpur
  - On 28 Sep at Danilimda





# MARKETING INITIATIVES

## Health Talks

- On the occasion of **National Nutrition Week**, Health Talk on Diet & Nutrition was held at Ahmedabad Municipal Hindi High School, Bapunagar on 5 September 2017.



- On 26 September 2017 Health Talk held at Divya Bhaskar house by **Dr. Sandarbh Patel** on the occasion of **World Heart Day**.



## GCSMCH in NEWS



### વિશ્વ અલ્ઝાઇમર્સ દિવસ પર જાગૃતિ કાર્યક્રમનું આયોજન

અમદાવાદ : વિશ્વ અલ્ઝાઇમર્સ દિવસ નિમિત્તે, જીસીએસ મેડિકલ કોલેજ, હોસ્પિટલ અને રીસર્ચ સેન્ટર, નરોડા દ્વારા હોસ્પિટલના સ્ટાફ માટે અલ્ઝાઇમર્સ રોગ પર સ્વાસ્થ્ય જાગૃતિ કાર્યક્રમનું આયોજન કરાયું છે. અલ્ઝાઇમર્સ રોગ એ ડિમેન્ટિયાનું સૌથી સામાન્ય કારણ છે. ડિમેન્ટિયા વ્યક્તિની યાદશક્તિ, વિચારશક્તિ, વ્યવહાર અને માસનિક ક્ષમતાઓ ખરાબ કરે છે. કાર્યક્રમમાં હોસ્પિટલના નિષ્ણાંત ડોક્ટર્સ ડો. હિતેન્દ્ર ગાંધી, ડો. ધર્મેશ પટેલ, ડો. અલ્પેશ ગેડિયા સહિતના લોકો ઉપસ્થિત રહ્યા હતાં.



### DNACONNECT WEEKLY UPDATES ON THE BEATING NEWS PROGRESS EVENTS

#### GCS HOSPITAL SPREADS AWARENESS ABOUT DEMENTIA



World Alzheimer's Day, which is observed every year on September 21, aims to raise awareness on the most common form of dementia. An awareness and preventive care seminar, 'Memory Matters! Fight against Alzheimer's', was held at GCS Hospital for the employees. Expert psychiatrist Consultants of GCS Hospital - Dr. Hitenendra Gandhi, Dr. Dharmesh Patel, Dr. Alpesh Gedya and Dr. Harshil Chauhan addressed the participants of this awareness seminar and emphasized on the need to raise awareness of dementia and encourage early diagnosis.



### દદુ ચેરિટેબલ ટ્રસ્ટ દ્વારા મેડિકલ કેમ્પ



અમદાવાદ : અમરાઈવાડી ખાતેની જીસીએસ હોસ્પિટલમાં દદુ ચેરિટેબલ ટ્રસ્ટ દ્વારા મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું હતું. તેમાં તમામ રોગોના ડોક્ટરો ઉપસ્થિત રહીને લોકોની સારવાર કરી હતી.



### ઓટવ ખાતે નિ:શુલ્ક મેગા કેમ્પ યોજાયો



અમદાવાદ : જીસીએસ હોસ્પિટલ, અમદાવાદ ઈસ્ટ ડોક્ટર્સ સર્કલ તથા આયુષ વિભાગ દ્વારા ઓટવ વિસ્તારમાં સર્વરોગ નિદાન કેમ્પનું આયોજન કરાયું હતું. જેમાં એલોપથીની સાથે આયુર્વેદિક અને હોમિયોપથી દવાનું વિતરણ કરાયું હતું.



# UPDATES

## Community Medicine

### World Breast feeding Week

Demonstration of correct breast feeding techniques was given to 30 lactating mothers on occasion of World Breast feeding Week (1-7 August 2017) at field practice area of Urban Health Training Center of GCS Medical College.



The Community Medicine Department of GCSMC celebrated "World Breastfeeding Week 2017" at the two different field practice areas of RHTC, Dabhoda. Health education regarding correct breast-feeding practices and expression of breast milk in difficult circumstances was provided to the antenatal and lactating women in this session. The session was facilitated by Dr. Mansi Patel, Dr. Rujul Shukla, Ms. Priyanka Dabhi and interns posted at RHTC, Dabhoda.

### Anti Malaria Month

As a part of Anti Malaria Month (June'17) celebration, health education session was conducted on various vector borne diseases like dengue and malaria among the patients attending OPD at Urban Health Training Center, Saijpur.



### National Nutrition Week

Health Education on "Nutrition for Healthy life" was conducted among 36 females of reproductive age residing at the field practice area of Urban Health Training Center on occasion of National nutrition Week (1-7 July 2017). The Community Medicine Department held health education session based on theme of this year "Optimal Infant and Young Child Feeding Practices: Better Child Health" at the RHTC field practice area of GCSMC. The session was facilitated by Dr. Mansi Patel, Dr. Rujul Shukla, Ms. Priyanka Dabhi and interns posted at RHTC.



### World Population Day

On 11 July 2017, Community Medicine Department of GCSMC observed "World Population Day" at the field practice area of RHTC.



Awareness regarding different family planning methods was done among females of reproductive age. Topic related to gender discrimination was also covered in session. The session was facilitated by Dr. Mansi Patel, Dr. Rujul Shukla, Dr. Asha Solanki and interns posted at RHTC, Dabhoda.

### Awareness session on various family planning

Awareness session on various family planning methods was organized among reproductive age females by Community Medicine Department on World Population Day (11 July 2017).



### Swine flu Awareness

During the period of Swine flu epidemic (August 2017), House to house awareness activity was conducted amongst 1335 beneficiaries residing at field practice area of Community Medicine Department. People were given the knowledge of swine flu. The symptoms and preventive steps on the disease were also discussed.





# UPDATES

## Academics

56 year old female patient presented with classical complaints suggestive of hypoglycaemic episodes over the period of last 2 months increasing over last 15 days. After thorough evaluation patient was diagnosed of having Insulinoma - distal pancreatic tumor producing excessive Insulin leading to hypoglycaemia. Under able leadership of **Dr. Manubhai Pipalia** - Exploratory Laparotomy and Distal Pancreatic splenectomy was carried out and the tumour was removed. Patient is relieved of all complaints and well on discharge. Insulinoma is a rare tumour and occurs among one in 10 lac persons annually.



## Heart Healthy Tips to Deal with Stress

Stress is almost unavoidable between the constant demands of work, family, health, personal relationships and the economy – all of which can cause anxiety and take a toll on one’s mental and physical health. There are many unhealthy responses to stress such as body aches and pains, loss of energy, anxiety, depression, and forgetfulness, obesity to name a few. Here are the several tips that can help you manage your stress level. Talk with family and friends. Get enough sleep. Get organized. If you smoke, stop smoking. Engage in daily physical activity. Eat and drink healthy for a healthy heart. Reach a healthy weight. Healthy habits can protect you from the harmful effects of stress.

**5 TOP TIPS FOR RELIEVING STRESS**

- Eat nutritious food—fill your plate with lean meats, fresh fruits and veggies.** (Illustration: A plate with grapes, oranges, and bread)
- Exercise: Find something you enjoy and do it each day!** (Illustration: A woman running)
- Drink lots of water!** (Illustration: Six water bottles)
- Get at least 7 hours of sleep each night.** (Illustration: A person sleeping in bed under a moon and stars)
- Make a task list and mark each thing off as you go.** (Illustration: A notepad with a checklist)
  - ✓ Call plumber
  - ✓ Call new client
  - ✓ Finish project
  - ✓ Return emails
  - Get groceries
  - Order flowers for Saturday

# GCRI HIGHLIGHTS



## **Congratulations Dr. R. K. Vyas**

Dr. R. K. Vyas has been appointed as a regular Director of The Gujarat Cancer & Research Institute.



Presentations based on publications on Hemato-Oncology by current DM students (GCRI). Other lectures by alumni members were - Oncology : Medical, Mohanical, Magical, Mystical, Mythical, Mythological and so on by Dr. Satya D., Integration of Molecular Oncology into clinical practice - evidence for change by Dr. Vinayak Mak and Bevacizumab - right choice in colon cancer by Dr. Vashishth Maniar.

This was followed by teachers lunch which was sponsored by Dr. Shilin N. Shukla.

## **Medical Oncology Convention (Alumni Meet)**

The 3rd Convention of Medical Oncology, GCRI & Silver Jubilee Seminar in Oncology was held at Sadvichar Parivar on 23 - 24 September, 2017 at Madan Mohan Ramanlal Sabhagruh, Sadvichar Parivar, Satellite, Ahmedabad.

It was attended by more than 100 members of medical oncology alumni (past and present DM students as well as teachers). The highlight of the convention was felicitation of past DM students who had completed 25 years since their tenure at GCRI - Dr. Vibha Naik and Dr. Sachin Almel.

The academic feast included guest lecture by Prof. M. B. Agarwal - Lymphoma - What was new at Lugano meeting June 2017.

## **Guest lecture by Dr. Margeyi Mehta**

A Guest lecture was held by Dr. Margeyi Mehta for '**NABH**' (National Accreditation Board for Hospitals & Healthcare Providers) on 31 August 2017.

The lecture was attended by doctors and other staff members. This lecture gave insight for the updating knowledge and working towards achieving the NABH standards.





# GCRI HIGHLIGHTS



## Invited for lecture by organizers of International Conference on Nutraceuticals & Chronic Diseases

**Dr. Prabhudas S. Patel**, Professor & Head, Department of Cancer Biology was Invited for lecture at International Conference on Nutraceuticals and Chronic Diseases.



Title: *Targeting aberrant glycosylation with nutraceuticals: A promising approach to combat cancer*

Date: 1- 3 September 2017 at Goa

## Torrent Young Scholar Award

**Dr. Murtaza Bohra**, 3rd year Resident, Medical Oncology Unit - II, got selected in Zonal round of Prestigious ISMPO - Torrent Young Scholar Award 2017 (Pan India Quiz Competition) and won prize of Rs. 20,000/- held at Mumbai on 18 March, 2017.



## Corporate Social Responsibility

**Yes Bank Limited** contributed **Rs. 10,00,000/-** as a Corporate Social Responsibility project namely treatment and help to poor cancer patients.



## KHEL MAHAKUMBH - 2017

**Mr. Om Kailashprasad Singh**, Nuclear Health Physicist, Nuclear Medicine Department, won 1st Prize in 50 meters and 100 meters in Free style Swimming and 3rd Prize in 50 meters in Black Stroke Swimming Competition (Above 40 years age group) in "KHEL MAHAKUMBH - 2017" organized by Sports Authority of Gujarat held at Gandhinagar on 9 September 2017.



**Mr. Jayesh Solanki**, Statistical Assistant, Community Oncology & Medical Records, won 1st Prize in **Chess** Competition (Above 40 years age group) in "KHEL MAHAKUMBH - 2017" organized by Sports Authority of Gujarat held at Gandhinagar on 9 September 2017.



## Nursing Department

More than 220 nursing staffs were trained over the period of 3 months for the New Guideline of Bio-medical Waste Management.



# A ONE-STOP DESTINATION FOR ALL YOUR HEALTHCARE NEEDS



## GCS Medical College, Hospital & Research Centre



### Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

### Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

### 24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

### Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

### Empaneled with

- RSBY (Rashtriya Swasthya Bima Yojana) for BPL Patients
- Chiranjeevi Yojana
- JSVY (Jyotirgamay Swasthya Vima Yojana)
- Family Welfare Center
- Bal Sakha Yojana
- Mukhyamantri Amrutam Yojana (MA Yojana)

GCS Hospital is empaneled with ESIC, Major Insurance and TPA companies for Cashless services.

## GCS Medical College, Hospital & Research Centre

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