

GCSMCH News Letter

Issue: 23

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GCS Medical College, Hospital & Research Centre

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EDITOR'S DESK

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Neha Lal (Sr. General Manager - Operations & HR)

We hear your feedback at communications@gcsmc.org

Condolence Note



The news about the untimely demise of Ms. Ekta Patel was very shocking to all of us at **GCS Medical College & Hospital, Ahmedabad.** Words fall short in

Late Dr. Ekta Patel expressing our grief for this great loss. Her absence will be felt by us all and we will always cherish her contribution as a valuable employee of this organization.

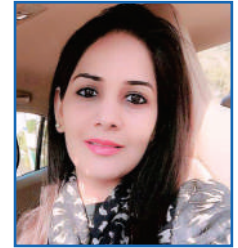
In this hour of profound grief, our thoughts and prayers are with the family. We pray to the almighty to provide them courage to tide over this great loss. May the departed soul find eternal peace in the divine arms of the creator. Our sincerest condolences.

- GCSMCH & RC Family

From Chief Editor's Desk

Dear Readers,

It is indeed a pleasure to introduce you 23rd issue of GCSMCH Newsletter. A newsletter is a mirror of our Vision, Mission & Values.



This quarter filled up with more penetration on NABH standards for patient care and safety. "**NABH Exhibition - Quality for Mass**" held for two days where all divisions presented their quality practices of departments.

We appreciate all NABH Champions and all GCSians for their enthusiasm and participation for NABH Accreditation preparation. In the exhibition 1200+ persons had visited and gained the knowledge about NABH standards and policies. All the chapters of NABH Standard (i.e. AAC, CoP, PRE, HIC, CQI etc) were explained with various creative models, chart presentations, simulations, poster presentations and PowerPoint presentations.

Apart from that, during the quarter various programs and activities like **World Health Day, International Day of Yoga, Vitiligo Day, National Fire Service Day, Hand Hygiene Day** were celebrated by organizing talk shows and sessions. Expert doctors and faculties had shared their view and provided valuable insights about the health and wellness. Many more activities such as camps, promotions and training were also happened.

As always, suggestions and feedback towards improving the newsletter content are welcome.

I wish joyful reading for this issue. While monsoons rejuvenate you, we will be back again in next quarter, with some more interesting updates.

Happy Reading and Happy Monsoon.

Neha Lal
Chief Editor

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%). Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

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SIGNIFICANT UPDATES

NABH Exhibition



GCSMCH & RC's NABH Exhibition held on April 12-13, 2018 marked a major breakthrough in enlightening and enriching the staff with overview of NABH and various quality aspects. The collaborative work of NABH champions from different areas and departments had resulted in a successful event. Apart from NABH champions, other staff from respective departments also showed interest and participated in the presentations and explained about the exhibition to the attendees.

1200+ employees including medical, paramedical, nursing staff, teaching faculty, students of medical & nursing colleges etc. enhanced their knowledge by attending the event. Apart from inhouse staff, faculty and students, staff of Dr Jivraj Mehta Hospital, GCRI, SKUM College of Nursing etc. also had grabbed this opportunity. The objective of this program was enhancement of knowledge, awareness and education levels of inhouse staff and gear up for the forthcoming assessments.

Participants from various departments had come up with the innovative ideas. Along with awareness of NABH standards and policies, awareness about functions of the departments were also focused. Staff from different departments got the opportunity

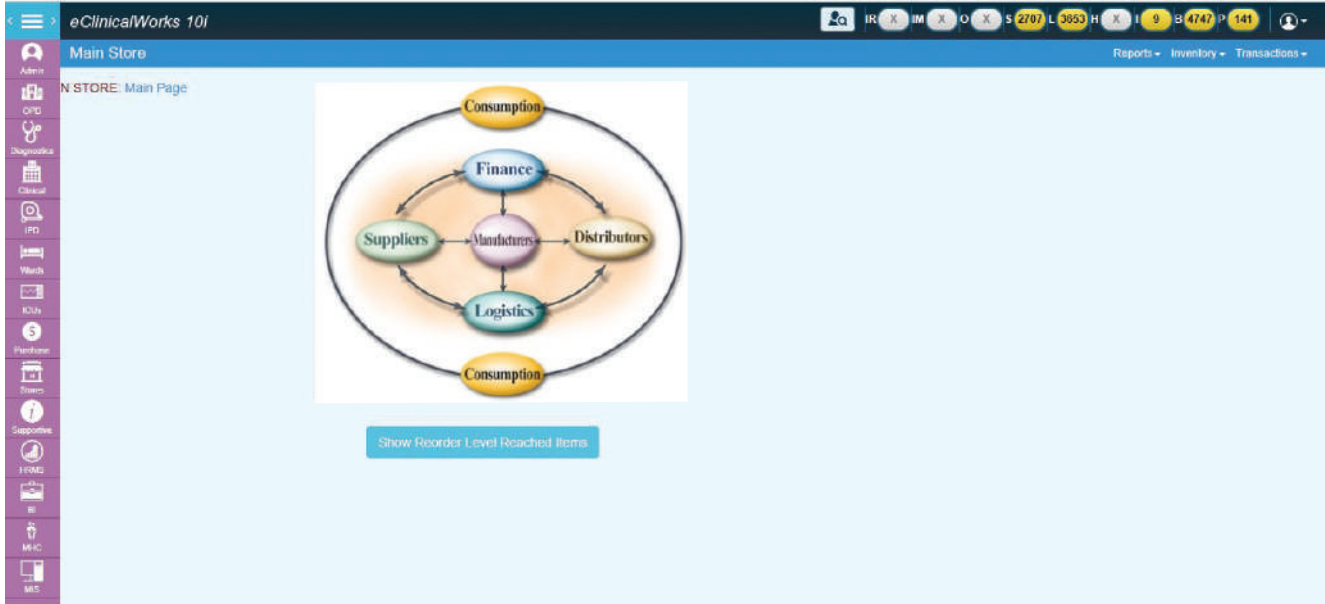
to interact with other departments at one platform and enhanced their knowledge while interacting with cross-functional departments. This is one of the exhibition which had motivated the staff, and served as a platform to show their team spirit and the essential elements required for NABH accreditation. Employees had displayed following Qualities during exhibition.

- **Team Building** • **Morale boosting**
- **Inter-departmental coordination** • **Synergy**
- **Eagerness to increase knowledge base**
- **Quality Consciousness & Improvement**

The event was inclusive of creative models, chart presentations, simulations, poster presentations and powerpoint presentations. The thorough discussions and presentations had covered all the chapters of NABH including Access Assessment & Continuity of Care, Care of Patients, Management of Medications, Patient Rights & Education, Hospital Infection Control, Continuous Quality Improvement, Responsibilities of Management, Facility Management & Safety, Human Resource Management and Information Management System. Apart from this, separate presentation related to Nursing activities, policies and other inclusions in the Nursing Manual was made.

SIGNIFICANT UPDATES

ECW implementation



The eCW HMIS ERP project surpassing by leaps and bounds. On 1st May, 2018 Tuesday Supply Chain Management (SCM) flew into phase-II and began with dawn. Carry the day, end users inaugurated data driven SCM venture.

Supply chain management has evolved from manual, logistics and mechanization focused optimization to automated integration and coordination of all supply chain elements like generating Material Requests, Material Issue, Purchase Indents, Comparatives, Quotations, Purchase Orders & Goods Receive Notes in real time authorization scenario encompassed. Primarily, it facilitates and optimizes the flow of goods-material, information and finance too. SCM minimizes

delays and allows full traceability and visibility into the movements of goods material from the main store / pharmacy to the substores. It enables accurate, timely, complete, and relevant information flow to avoid missed opportunities and possible risks. Effective and seamless information flow addresses information distortion and miscommunication and promotes enhanced collaboration and relationship value among supply chain stakeholders. It also helps improve visibility into all transactions and accelerate generation of supply chain insights through reports creation.

We thank you all for your invaluable support you provided during Supply Chain Management implementation & greatly appreciate your generosity.

Achievement



Performance of MBBS students of GCS Medical college at Gujarat University Examination conducted on January 2018

Second MBBS Students passed : 87.59% Students secured position in University toppers Maheshwari Nishita, Gupta Dhruv, Chauhan Dhruva, Singh Saumya

Third MBBS Part 1 Students passed : 92.54% Students secured position in University toppers Swaminarayan Neel (University 1st), Gadre Omkar, Patel Shreel

Third MBBS Part 2 Students passed : 90.98%
Students secured position in University toppers Beriwalla Vishal, Trivedi Nishi, Sheth Mreega

CONGRATULATIONS!



2nd Year MBBS students from GCS Medical College climbed Mount Everest Base Camp at 17600 ft. Bhavik Sanghvi and Bhavya Darji completed the trek in tough weather conditions in the month of April representing their college.

PATIENTS' TESTIMONIALS



YOUR FEEDBACK MATTERS



Savariya Pradip
Local Guide · 14 reviews · 2 photos
★★★★★ 2 weeks ago
Gcs hospital is good hospital and good staff and working is good in various departments



Like



Rajan Parmar
★★★★★ 6 days ago



Govind Singh Iodhi
1 review
★★★★★ 3 weeks ago



Satyam tiwari
1 review
★★★★★ 4 weeks ago
Very good hospital , really neat and clean.doctors and nurses are very good .only sonography que and CT scan ques are very long.They are taking so much time without taking care of patient's conditions otherwise other departments are too good .ward 3a sisters and services are really satisfactory.



Like



Nikul Dodiya
★★★★★ a day ago



Meen Sharma
1 review · 1 photo
★★★★★ a month ago
It is best hospital of ahmedabad. Also staff is very care fully nature



Like



Sabhya Gupts
1 review
★★★★★ 6 months ago
No. 1 Hospital in Ahmedabad and facility are so good
And my favorite hospital in Ahmedabad
And very clean hospital
And doctors are very faithful man.



Dhanraj Patil
4 reviews · 1 photo
★★★★★ a month ago
It is a very good hospital and all modern technology and facilities are available there, they all are well treat, staff is also very nice, security staff is also very good, About cleaning there is no word..its very very cleanest hospital, canteen is available and affordable fresh food items is there.
Everything is good.



Like



GCS in News

ગુજરાત કેન્સર એન્ડ રિસર્ચ ઈન્સ્ટિટ્યૂટ દ્વારા વિશ્વ તમાકુ નિષેધ દિવસ ઉજવાયો

અમદાવાદ : વિશ્વ તમાકુ નિષેધ દિવસની ઉજવણી ગુજરાત કેન્સર એન્ડ રિસર્ચ ઈન્સ્ટિટ્યૂટ દ્વારા 31મેનાં રોજ રિવરફ્રન્ટ પાર્ક, સુભાષબ્રિજ ખાતે સવારે 6થી 8 વાગ્યા દરમિયાન કરવામાં આવી હતી. આ કાર્યક્રમની શરૂઆત સંસ્થાના કર્મચારીઓ દ્વારા જાગૃતિ રેલી યોજીને કરાઈ હતી. બાદમાં એરોબિક સત્રનું

પણ આયોજન કરાયું હતું. આ કાર્યક્રમમાં કર્મચારીઓ દ્વારા જાહેરજનતાને તમાકુનાં જોખમો વિષે માહિતી અપાઈ હતી. તમાકુની અસરો પર કવિતાઓ-વ્યંગ પર કરાયા હતાં. લોકોને તમાકૂ છોડીને દરરોજ કસરત કરી સ્વાસ્થ્યપદ જીવનશૈલી જીવવા હાજર રહેલાં તબીબોએ અપીલ કરી હતી.

શહેરમાં 'હેલ્થ ફોર ઓલ' થીમ પર સેમિનાર યોજાયો

અમદાવાદ : વિશ્વ આરોગ્ય દિવસ નિમિત્તે જીસીએસ હોસ્પિટલ દ્વારા નારોલ રોડ ખાતે જાગૃતિ કાર્યક્રમનું આયોજન કરાયું હતું. જેમાં 'હેલ્થ ફોર ઓલ' થીમ પર સેમિનાર યોજાયો હતો. જેમાં આરોગ્ય અંગેની ખોટી માન્યતાઓ હકીકતો વિશે સમજાવામાં આવ્યું હતું. જેમાં મેડીકલ કોલેજ, હોસ્પિટલ અને રીસર્ચ સેન્ટરના સભ્યો હાજર રહ્યા હતા.

EMPLOYEE CORNER

CELEBRATION

World Health Day



World Health Day -2018 was celebrated at GCS in the form of Talk Show. Many doctors and GCS Staff were presented in the event. There are many myths are prevailing in our mind about the health. The panel of expert doctors had broken those myths about the health and provided their expert medical views about what the real health is. Dr. Shaila Shah (Medicine), Dr. Haresh Doshi (Gynecology), Dr. Rekha Bhavsar (Pediatrics), Dr. Jyotish Patel (Orthopedic) & Dr. Nayan Patel (Skin & VD) were presented in the panel of doctor. The talk show was highly appreciated by the audience.

Hand Hygiene Day



World Hand Hygiene Day was celebrated in the GCS. Expert faculties had explained the importance of Hand Hygiene and demonstrated the different type of hand wash. Almost 60 nurses had participated in it.

Blood Donor Day



Dr Rajesh Gopal - Project Director of GSACS announced **international voluntary blood donor day** in all medical institutes of Gujarat on 14th June 2018. Accordingly GCSMCH blood bank also celebrated International voluntary blood donor day. The donor room was decorated and voluntary blood donation program was organized on 14th June-18. Gifts were sponsored by Prime communications Bapunagar & gifts were given to voluntary blood donors by Dean & Medical superintendent. Total 33 voluntary blood donors donated their blood on this occasions.



GCSMC Blood Bank team was felicitated by project director of GSACS and chairman of GSCBT & ISBTI.

International Day of Yoga



International Day of Yoga was celebrated in GCS Hospital. Around 200 employees including senior Doctors had participated in it. Expert Yoga Faculties from Sivanand Ashram, Satellite were presented and explained the significance of “**Desktop Yoga**” for healthy life. Desktop Yoga is the perfect solution for working professionals who want a simple, relaxing workout which they can perform while sitting at their workplace. It is excellent for reducing stress and increase physical flexibility and mental peace during a long workday. Yoga Instructor Sangita Thawani and Vikram Mistry had explained the significance of Yoga for Health, Happiness and Mindfulness in life. They had demonstrated various Yogasanas, Prayanam (Breathing) and meditation (Dhyan) along with scientific explanation. All the doctors and other employees had practiced Yoga under the guidance of instructors. After the session, many participants had asked various question about Yoga and got the insights about healthy life through Yoga. Ms. Neha Lal (Sr. General Manager), Dr. Kirti Patel (Dean) & Dr. Natwar Rathod (Medical Superintendent) were presented in Yoga Day celebration and insisted the employees to adopt Yoga on daily basis to make life healthy.

Vitiligo Day

World Vitiligo Day was celebrated at GCSMCH&RC on 25th June 2018. This is day is celebrated to spread awareness about the disease and remove misconceptions related to this stigmatizing condition.



In the event, 54 patients were participated. An awareness talk was delivered by Prof & HoD DVL Dr Ranjan Raval. Ms. Neha Lal (Sr. General Manager) and Dr. Kirti Patel (Dean) were presented in Vitiligo Day celebration.

EMPLOYEE CORNER

New Joinees - Welcome to GCS



Anaesthesia-C

Dr. Reema V. Wadhawa

Bio-Chemistry-H

Mr. Nitin R. Parmar

CSSD

Mr. Mehul D. Parmar

Emergency/Casualty

Dr. Rutika A. Bathwar

Dr. Yachana V Trivedi

Forensic Medicine-C

Dr. Ankita D. Kanjiya

Front Office

Ms. Renu mayur Sharma

Ms. Urmila N. Rathod

Ms. Manisha M. Sharma

HR & Admin

Ms. Rachna R. Shah

Ms. Mona S. Christian

Medicine-C

Dr. Urvesh A. Mistry

Nursing

Ms. Chandani N. Patel

Ms. Pinalben K. Mori

Ms. Renuka H. Patel

Ms. Shilpaben D. Patani

Ms. Ankitaben S. Chavda

Ms. Nisha D. Parmar

Ms. Ruchiben R. Patel

Ms. Vaishali K. Patel

Ms. Hanshaben N. Chauhan

Ms. Manisha A. Patani

Ms. Joy B. Macwan

Ms. Kinal H. Amaliyar

Ms. Dhruvi K. Darji

Ms. Mayuri M. Chavda

Ms. Ritu R. Patel

Ms. Dharti V. Patel

Ms. Shrutiben S. Sutariya

Ms. Sweta A. Solanki

Ms. Kinjal J. Patel

Ms. Asha A. Solanki

Ms. Aratiben P. Sutariya

Mr. Pushpraj J. Solanki

Ms. Vanita A. Parmar

Orthopaedic

Dr. Harsh K. Raj

Pharmacy

Mr. Shailesh R. Suthar

Quality

Dr. Ritika K. Batra

Radiology-C

Dr. Sarjan K. Vasava

Mr. Ashishbhai B. Kansara

Radiology-H

Mr. Aplesh N. vaghela

Dr. Ankur Z. Patel

Skin & V.D.

Dr. Ranjan C. Raval

Special Wing

Ms. Hetal V. parmar

Surgery

Dr. Nehal Sisodiya

Dr. Pritesh A. Vasave

Dr. Nirajkumar J. Patel

Wisdom For Web



Workplace rules for happy life

- Trust no one but respect everyone.
- What happens in office, remain in office. Never take office gossips to home and vice versa.
- Enter office on time, leave on time. Your desktop is not helping to improve your health.
- Never make Relationships in the work place. It will always backfire.
- Expect nothing. If somebody helps, feel thankful. If not, you will learn to know things on your own.
- Never rush for a position. If you get promoted, congrats. If not, it doesn't matter. You will always be remembered for your knowledge and politeness, not for your designation.
- Never run behind office stuff. You have better things to do in life.
- Avoid taking everything on your ego. Your salary matters. You are being paid. Use your assets to get happiness.
- It doesn't matter how people treat you. Be humble. You are not everyone's cup of tea.
- In the end nothing matters except family, friends, home, and Inner peace.

World's Mental health day theme by WHO.

Mental Health at work place http://www.who.int/mental_health/world-mental-health-day/2017/en/

QUALITY CORNER

BLS Training



Basic Life Support (BLS) is a level of medical care used for victims of life-threatening illnesses or injuries until they can be given full medical care at a hospital.

BLS training is essential for medical, paramedical, nursing staff, ambulance drivers, first responders & others. As an initiative to train medical, nursing professionals & others,

BLS training was organized on May 28, 2018 in association with team of anaesthetists headed by Dr. Heena Chhanwal, Prof. & Head, Department of Anaesthesia.

72 employees were benefited with techniques of Cardiopulmonary resuscitation for adult and paediatric patients. This BLS instructor led course aided in teaching BLS skills for application in both pre-hospital and in-facility environments, with a focus on high quality CPR, single rescuer and team dynamics. The course followed by hands-on workshop demonstrated life support techniques for in-depth learning.

Radiation Awareness Program



Radiation Awareness Program organized on May 22, May 24 and June 26, 2018 with the objective of making participants more cognizant on the safety requirements during handling of radiation generating equipment in diagnostic radiology and other

areas where radiation generating equipments are used. The programme has made the radiation workers more

cautious while dealing with radiation and help to reduce the occurrence of excessive radiation exposures.

More than 100 participants had attended the programme and benefitted from the discussions. The discussions had included principles of radiation protection, dose limitation, risks during pregnancy, HKLM technique, TDS principle, radiation safety in Fluoroscopy and so on. The programme had made the participants feel more enriched and inspired and learned on relevant safety information in the fields of occupational radiation practices.

Biomedical waste Management Plant visit



Outsourced Biomedical Waste Management Plant (Pollucare Biomedical management Pvt Limited) was visited on April 19, 2018 to check the compliance of Gujarat Pollution

Control Board in the facility. Plant was assessed for the compliance, process flows, personal protective equipment usage, statutory requirements and so on.

NABH Application

It is an immense pleasure to announce that GCS Medical College, Hospital & Research Centre has worked a long way for laying down NABH practices and policies, their initiation, implementation, monitoring and surveillance to achieve NABH Pre-entry level Accreditation to showcase its quality standards to the community. After burning the midnight oil for long and appreciative hard work, the institute has applied for Pre-Entry Level Accreditation in May, 2018 and is counting on NABH Pre-Entry Level assessment soon.

Improvements so far

Quality Department has accomplished various implementations in the last quarter along with the other departments. Highlights are as follows

- Storage of Medication in Pharmacy
- Look Alike Sound Alike Medications Storage
- High Risk Medicine alerts in HIS while medication dispensing
- Strengthening of Indicators reporting
- Crash Cart with locking system
- Indicators strengthening for evaluating department performance
- Incident Reporting strengthening
- Radium Floor markings throughout the hospital
- LED lights near Fire Exits
- Maintenance Escalation Matrix implemented



*Quality Improvement is an ongoing journey and we strive to believe in: Miles to go before I sleep
Miles to go before I sleep*

-Robert Frost

MARKETING INITIATIVES

CMEs & Events



CME Session was held on 13th April by Dr. Dhaivat Vaishnav (M.S. DNB – GI Surgery) on Topic : “Unmet Need In Management of Pancreatitis Disorders”.



Another CME session was held on 12th May for SEWA Coordinators on Topic : “Women’s Health” by Dr. Mukul Shah (Gynecologist). It was attended by 21 coordinators of SEWA.



Health Awareness Talk & Specialty Gynec & skin Screening Camp held on 26th at Arvind Naroda, for Women’s were 56 beneficiaries availed services.

Camps & Campaigns

Basic Health Camp held on 7th April at HDFC Bank C.G. Road branch for Corporate Agents total 68 beneficiaries were screened & medicines given.

Screening Camp held on 17th at Corporate Intex onsite, 173 beneficiaries were screened & given medicines.

General Camp for SEWA worker’s held on 19th at Bapunagar, 104 screened.

A brief Orientation on held on 12th May upon VIMO policy of ICICI Lombard facility launched for SEWA workers & beneficiaries.

Gynaec & Ortho screening Camp for SEWA worker’s held on 17th at Behrampura, 104 beneficiaries were screened & given medicines.

Gen Screening Camp held on 22nd at Arvind Santej onsite, 38 beneficiaries were screened & given medicines.

On World No Tobacco Day 31st May an Awareness Program held at Arvind Naroda by Poster Exhibition for labor class workers on Tobacco Addiction in association with Arvind Welfare Dept.

Free General Outreach 13 Camps were held during April-June 18 at below areas In Ahmedabad Benfit around 1894 people.

- On 6th & 20th April at Sadvichar
- On 10th April at Moyad (Prantij)
- On 12th & 26th April Detroj
- On 14th April at Bapunagar
- On 16th April at Jamalpur
- On 28th April at Laldarwaja
- On 3rd May at Dudheshwar
- On 4th May at Sadvichar Naroda
- On 8th May at Vatwa
- On 10th May at Detroj
- on 18th May at Sadvichar Naroda



UPDATES

Updates from GCS Nursing School/ Nursing



Candle lighting and **Oath ceremony** was organized for 3rd batch of B.SC nursing and 5th batch of GNM and farewell for 2nd and 3rd batch of GNM on 04 April 2018 at auditorium 5th floor GCS medical college.



Oath was taken by the students by lighting the candles. Farewell was given to the outgoing GNM students, certificates and memento were presented to them. Annual report was presented by Principal Jayesh Jain, blessing speech was delivered by Shri Prashant Kinarivala (Hon. Gen. Secretary & Trustee GCSMCH & RC) and Mrs. Alice Fernandez -Nursing superintendent, Rajasthan Hospital. Awards were given to the scholar students and those who have participated in different extra-curricular activities throughout the academic year. Students showed their talents by presenting dance, act and different cultural activities. Near about 500 people had attended the occasion.

Update From Biochemistry

HOMEOSTASIS-2018

Department of Biochemistry, GCSMCH & RC had successfully conducted 'Homeostasis-2018' – the Gujarat state Biochemistry Quiz on 04th April 2018. The format has essentially remained the same viz. a written prelims from which 18 teams qualify for the Pre-finals. From the 18 teams in pre-finals, 6 teams qualify for the Grand Finals. In a repeat of 2017 finals, it was Team BJ Medical College who lifted the much coveted winner's trophy. The Runners up team this time around were from PDU Medical College, Rajkot. Team GCSMC also made its presence felt in the final with a creditable 4th position finish. For the audience members there were Biochemistry Crossword and scramble quizzes which were very well appreciated. Around 40 Biochemistry faculty members from various state medical colleges were present and helped scorers and jury members during the various rounds.



QUALITY TRAINING

As a part of readiness for NABH, the Department of Biochemistry organized a basic training for Laboratory technicians on Quality control on 5th and 7th June 2018. The talk was delivered by Mr. Ashish Soni, (Six Sigma Trainer - Green Belt & former Quality Manager at Randox Laboratory, Quality Control division). In all twenty one Laboratory technicians from across all laboratory disciplines in Central Clinical Laboratory were sensitized on the importance of good laboratory practices and its impact in the treatment process. Plans are afoot to hold similar talks on advanced and relevant topics for the technicians.



Clinico-Pethological Corelatino Meeting



CPC Meet was conducted on 11 May 2018 by CPC Committee. Dr Rushi Patel (TBDC) and Dr Kazami Patel (Pathology) had discussed case of Non Specific Interstitial Pneumonia presenting with chronic cough at 6 month duration. 54 faculties and resident doctors had attended the meeting.



UPDATES

COMMUNITY MEDICINE

World Health Day



On the occasion of World Health Day 2018, health discussion was held regarding "myths and facts" of health topics

and related activities among ASHA and Anganwadi workers of Dabhoda, RHTC. The discussion was facilitated by RHTC team of Community Medicine Department.

World No Tobacco Day

The Community Medicine Department celebrated "World No tobacco Day 2018" at Dabhoda, RHTC. Health



awareness talk regarding tobacco, its adverse effects and de-addiction among factory workers was delivered by Dr. Mansi Patel and interns.

Quiz Competition On World Health Day

On the occasion of World Health Day 2018, Community Medicine Department had organized a quiz competition under the aegis of IAPSM, among undergraduate students.



Rally organized On World TB Day



An awareness rally was organized by the students of GCS Medical College under the guidance of

Community Medicine Department at Kalupur railway station in collaboration with Traffic Police Ahmedabad City and Western Railway Health Unit.

World TB day



On occasion of World TB day 2018, health education was given in form of Role-play followed by health talk

regarding TB and RNTCP at RHTC, Dabhoda. This health education activity was carried out by RHTC team of Community Medicine Department.

World Immunization Week 2018

World Immunization Week 2018 was celebrated at field practice area of UHTC-Saijpur on 24th April 2018.



A health education session was conducted by Dr Vaidehi Gohil on importance of Immunization among mothers of under-five children.

UPDATES

COMMUNITY MEDICINE

Role Play on World TB day

Community Medicine Department GCS

Medical College, Ahmedabad had

celebrated

World Tuberculosis Day 2018 by organizing varied activities for Arvind Mill workers. In the event activities like active case finding for tuberculosis, Interview of TB patients, Campus rally & role play for awareness on TB were done. Apart from this health check up were conducted for workers .



Yoga Day



International Yoga Day 2018 was observed on 21st June by the team of Urban Health Training Center of Community Medicine Department at F D (Hameediyah) School. Dr Venu Shah presented a brief

regarding importance of Yoga. Dr Khushbu Trivedi from Physiotherapy Department had demonstrated basic yoga practices to the student.

PATHOLOGY



A State level CME was organized by Departments of Pathology and Microbiology of GCSMCH & RC on 15th April 2018 under the auspicious banner of Ahmedabad Chapter of GAPM.

In the event, around 400 delegates took part in the CME. Dr. Kirtibhai Patel (Dean) was chief patron of the CME. Senior pathologists were facilitated in the event.

Dr. Zalak Dholakiya and Dr. Sweta Patel, Residents, Pathology department, GCSMCH & RC were awarded first prize and third prize respectively for presenting oral papers.

GCSMCH & RC blood bank collected 3353 blood bags (male 3260 & female 93) by organizing blood donation camps (total 17) during tenure of 1 Jan 2017 to 31 Dec 2017.

GCSMCH & RC blood bank collected 291 blood bags (male 259 & female 32) by organizing blood donation camps (total 9) during tenure of 1 Jan 2018 to 31 May 2018

UPDATES

Training & Development

Training & Development Department had organized Training on “**Effective Communication**” and “**Effective Team Building**”. Almost 700 employees had participated in the 28 Training Sessions. Participants had understood the importance of Effective Communication and Teamwork in patient care and routine work. The sessions were consist of presentation, role play, screening of movie. Participants felt themselves motivated after attending the training.



Pharmacovigilance Corner

SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC:
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No.	Causal Medicine	Indication for use	Adverse event (Reporting Department)
1	Docetaxel	CA-Breast	Breathlessness (Oncology)
2	Doxorubicin	CA-Ovary	Breathlessness, Shivering, Itching, Headache (Oncology)
3	Ritunib	NHL	Breathlessness, Palpitation, Rashes, Nausea (Oncology)
4	Paclitaxel	CA-Buccal Mucosa	Redness, Nausea, Vomiting, Breathlessness (Oncology)
5	Paclitaxel	CA-Breast	Breathlessness, Redness, Nausea, Vomiting (Oncology)
6	Rituximab	NHL	Breathlessness, Urticaria, Choking sensation (Oncology)
7	NS + Vit B Comp	Viral Fever	Rigor, Shivering, Tachycardia (Medicine)
8	Paclitaxel	CA-Buccal Mucosa	Nervousness, Breathlessness (Oncology)
9	Folitrax	Post-op	Oral ulcers, Skin rashes (Medicine)
10	Docetaxel	CA-Breast	Breathlessness, Itching, Palpitation (Oncology)
11	Omnipaque dye	For contrast CT	Swelling, redness over right cheek (Radiology)
12	Buscopan	Cholecystitis	Redness, puffiness on face (Surgery)
13	Paclitaxel	CA-Lung	Breathlessness, back and chest pain, sweating (Oncology)

To report an ADR, please contact :

Dr. Vipul Chaudhari (9825444336), Dr. Sumit Patel (9824223626) or Pharmacology Department (8499)

We remain thankful to all the reporting Departments for their kind cooperation.

COMMUNITY ONCOLOGY CENTRE, VASNA

Activities

Community Oncology Centre, Vasna is actively working on cancer preventive and diagnostic work. Functioning of this centre is different from other hospitals. Its main emphasis is based on community related work in the field of academic, research, preventive etc.

In this quarter following activities were done by Community Oncology Centre.

Training



14 BSc Nursing and 45 GNM Nursing students from SKUM College of Nursing, Ahmedabad, were posted at COC & Hospice for training in cancer awareness, screening, palliative care & hospice.

As we all know that early identification of cancer can be helpful in getting right kind of treatment. In the view of that, 100 SEWA workers were given training for common signs of cancer, signs & symptoms of common cancers in women. They were given training on 'Self Breast Examination'.

Services

Workers and labor class are very much addicted to tobacco and related products. To get awareness about tobacco related disease, 119 workers from Samarth Diamond factory, Visnagar had visited COC and attended cancer exhibition. Nearly 80% of them were consuming tobacco / Gutkha. COC Staff had explained them danger of tobacco products and given motivational talk to quit tobacco. They underwent clinical examination at COC. 6 of them had precancerous lesion. They were referred to GCRI for further treatment.

Events

Bhajan Sandhya was organized for Hospice patients & staff on 09 April 2018, evening. Such kind of event gave them little change in their life.

Every patient requires mental support and will power. Such mental attitude and courage is essential to get cured from any illness. To improve the morale **"Love your self - Heal Your Life"** workshop was arranged for cancer survivors. The program was conducted for two days i.e. 14 - 15 April 2018. Dr Sidhyartha Mukharjee enlightened them for forgiveness, gratitude & love.

LOVE YOURSELF

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Tobacco is major reason for cancer. Today many patients are suffering from oral cancer. In the view of that awareness about the danger of Tobacco is very much needed. To create the awareness about the

harmful effects of tobacco, 31 May is marked as **"World No Tobacco Day"**. An awareness exhibition was organized at COC Vasna on World No Tobacco Day, where around 250 Students, Nursing students & Factory workers had visited. COC Staff had explained them about danger of tobacco products. A talk was given on **"Tobacco & Cancer"**. Oral examination was also conducted for those who were consuming tobacco.



Employee of the Month



March 2018 Mr. Arpit Christian, Infection Control Nurse, Nursing Department.



April 2018 Dr. Birv Raiya, Research Assistant, Cancer Biology Department.



31 May World No Tobacco Day Celebration



GCRI celebrated WORLD NO TOBACCO DAY on 31st May 2018, the event was organized in the morning with public at Riverfront Park, Subhash Bridge, Ahmedabad. The programme started with the walk of the staff members and aerobic session.

The staff shared important information regarding tobacco and its hazards to common public and motivated them to quit tobacco and unite against the noble cause of fighting against cancer.

The oncologists emphasized public on basic essentials of healthy life including balanced diet, weight control, daily exercise and abstinence from tobacco completely. Public also enthusiastically shared their experience regarding ill effects of tobaccos with some wonderful poems on tobacco too.

There were many dignitaries gracing their presence in this noble cause - Dr. Shashank Pandya, Director, GCRI, Mr. Narendrasinh Chavda, Hospital Administrator, Padmashree Dr. Pankaj Shah, Former Director, GCRI, Mr. Kshitish Madanmohan, Trustee, Gujarat Cancer Society (GCS), Dr Kirti Patel, Dean GCS Medical College, Dr. Shilin Shukla, Former Director, Dr. Geeta Joshi, CEO, Community Oncology Centre, Vasna and various subject experts. This programme was organized under the active leadership of Women Development Cell of GCRI.

The program ended with vote of thanks by Dr. Shashank Pandya, Incharge Director.

International Nursing Day Celebration

GCRI celebrated International Nurses Day on 12th May 2018 in GCRI which is celebrated in memory of Ms. Florence Nightingale,



founder of modern Nursing on her birthday. The programme was inaugurated by Shri Prashant Kinariwala. Shri Kshitish Madanmohan, Dr. Shasank Pandya and Mr. N.T. Chavda graced the occasion. Mr. Amit Verma, a well known laughter therapist was invited guest of the programme.

The theme of international Nurses day 2018 "A Nurse voice to lead achieving sustainable goals" was introduced by Dr. Shashank Pandya.

Stress busting laughter therapy session was conducted for nursing staff by Mr. Amit Verma. Laughing is an excellent way to reduce stress in our lives and can help to cope with a stressful life.

World Blood Donor's Day



GCRI had conducted blood donation camp on the "World Blood Donor's Day", 14th June 2018 at blood bank GCRI. 104 blood units were collected on that day. Hospital staff from GCRI has enthusiastically participated and donated blood on the "world Blood Donor's Day".

Achievements of Cancer Biology Department:

Ms. Aashi Thobias, Ms. Chaitra Nair, Ms. Grusha Joshi, Ms. Aditi Patel and Ms. Heena Pandya, who are Students of M.Sc. Cancer Biology (Final Year) have secured rank in first 50 students. Total 1128 students had appeared in M.Sc. Examination of Science subjects of Gujarat University in June 2018.

A ONE-STOP DESTINATION
FOR ALL YOUR
HEALTHCARE NEEDS



GCS Medical College, Hospital & Research Centre



300+
Doctors



950+
Patient Bed



13000+
Surgeries



60+ Bed
ICU & Critical Care



1500+
Daily Outpatients



375000+
Patients every year



11
Modular OT



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

**GCS Hospital is
Empanelled with Govt. Health Schemes
like RSBY, MA Yojana, ESI & majority of
Corporate PSU, Private Sector, MSME &
Insurance / TPA Companies etc**

GCS Medical College, Hospital & Research Centre

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