

GCSMCH News Letter

Issue: 27

April-June 2019

संवाद

Integration Information Interaction



GCS Medical College, Hospital & Research Centre

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EDITOR'S DESK

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Shri Prashant Kinariwala (General Secretary)
Shri Kshitish Madanmohan Shah (Secretary)

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Publisher

Dr. Kirti M. Patel (Director)

Chief Editor

Neha Lal (Sr. General Manager - Operations & HR)

We hear your feedback at communications@gcsmc.org

Congratulations



Our beloved Dean Dr. Kirti M Patel has reached to superannuated age. Honoring his long association and dedicated service to the organization, he has been appointed as "Director" - GCSMCH & RC to avail his services and continuous guidance.

It is matter of pleasure that under the leadership and guidance of Dr. Kirti Patel, Director, organization will be proved more helpful to the society.

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%). Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

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From Chief Editor's Desk

Dear Readers,



Healthcare is evolving by manifold with newer technology, newer challenges and newer demands. While witnessing all of these, we at GCS too always stream to achieve desired results with positive actions.

The few such accomplishments are coming to your way in this 27th edition of GCSMCH & RC Newsletter. Newsletter is our organization's mouthpiece, which describes significant happening around the organization.

Our Employees are our biggest asset. As a part of employee engagement initiative, from this quarter, we have started a quarterly event "**Samvad- An Event for Interaction, Information, Integration**". As its tag line depicts, sole aim of this event is to increase motivation and bonding of employees with organization. This is the first of its kind of event, which has blend of knowledge, entertainment, encouragement and appreciation. No need to mention that in **Samwad-Q1** we had received overwhelming response from you all.

We at GCSMCH & RC committed to deliver best patient care and maintain defined quality standards. An awareness program was organized for Internal Auditors to understand importance of quality audit and different audit methods.

In addition to that, GCSMCH & RC, in association with **Medigence Solutions Pvt Limited** had hosted **NABH Implementation and Internal Auditors Programme**. Eminent Quality and NABH experts had addressed various doctors and healthcare professionals about effective implementation of NABH, Quality and Audit process in the hospitals.

Happy to share that, **Cardiology Unit** development work is in full swing and then we would be able to cater patients requiring these services in a better way. We are expecting the unit to be completed and functional in a month or two.

Apart from that various days like Nurses Day, Mother's Day, International Day of Yoga, Blood Donation Day etc. were celebrated wholeheartedly. Many more activities such as camps, promotions and training were also happened.

As always, your suggestions and feedback are always welcome.

Happy Reading and Happy Monsoon.

Neha Lal
Chief Editor

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SIGNIFICANT UPDATES

SAMVAD : Event for Interaction, Information, Integration

Samvad-2019-Q1 An Event for Interaction, Information, Integration: “Samvad -2019 Q1” event was organized by HR Department on 26 April 2019 at GCSMCH & RC. Around 200 Employees from various departments including Faculty Doctors, Residents etc had attended and enjoyed the program with great enthusiasm. The program had blend of knowledge,

information about the hospital. Employees had showcased their talent in the form of recreational activities.

Around 60 Employees including doctors- who had made significant achievement in the quarter were felicitated in the event. Nursing staff who had won prize in various competitions were appreciated. In addition to that, those



entertainment and encouragement. In the event employees were briefed about organization's achievements, general rules, glimpses of employee engagement and other activities. Employees were also briefed about Patient Satisfaction Ratio and other valuable

employees, whose work was appreciated by Patients, their names were announced in the program.

In the end, Dr. Kirti Patel (Director) had congratulated and appreciated the participants and staff for their efforts.

Following Doctors and Staff has made significant contribution in their duty during Jan - March - 2019. Congratulation to all.

January

Dr. Nitin Gambhaca
Dr. Ripal S. Patel
Dr. Rohan Modi
Dr. Nawaz Malik
Dr. Sagar Khanpara
Dr. Rizwanahmed Ansari
Dr. Aniket Pandya
Dr. Sneh Shah
Dr. Reena Singh
Dr. Druvik Lathiya
Dr. Saurin Dalal
Ms. Mamta Christian
Ms. Anita Bhoras
Ms. Nikita Parmar

February

Dr. Kirti Patel
Dr. Nitin Gambhaca
Dr. Rushi Patel
Dr. Naresh Patel
Dr. Tushar Patel
Dr. Saurin Dalal
Dr. Harsh Patel
Dr. Heena Chhanwal
Ms. Falguni Acharya
Ms. Hiloni Joshiyara
Mr. Ankitsingh Rajavat
Ms. Riddhi Vala
Ms. Jesika Christian
Ms. Hetal Rathod
Mr. Jaydip Prajapati
Ms. Sapna Goswami
Ms. Romi Christian

Ms. Gita Solanki

Ms. Pooja
Ms. Kusum (Nursing Student)

March

Dr. Sneh Shah
Dr. Harsh Patel
Dr. Dhaivat Vaishnav
Dr. Aniket Pandya
Dr. Mayank Kalariya
Dr. Dhruv Patel
Dr. Karan Vachhani
Dr. Naimesh Patel
Ms. Ruchi Patel
Ms. Payal Chauhan
Ms. Namrata Mathuriya
Ms. Falguni Acharya

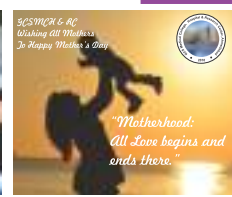
Ms. Kinjal Solanki

Ms. Nikita Parmar
Ms. Rozi Macwan
Ms. Puja Patel
Ms. Kinjal Pani

Ms. Dharmishtha Yadav
Ms. Priyanka Patel
Ms. Bhoomi Patel
Ms. Shushma Bhoje
Ms. Kinjal Patel
Ms. Bhargavi Patel
Ms. Pooja Pasi
Ms. Sheril Christian
Ms. Madhu Parmar (HK)
Mr. Vipul Bharwad (HK)

EVENTS

Mother's DAY



Mother's Day was celebrated in GCSMCH & RC on 13 May 2019. Mothers who works in GCSMCH & RC had took Selfie with their kids, and sent to HR Department. Apart from that, a contest was organized especially for mothers. Mothers had expressed their feelings on the sentence "I am proud to be a mother, because.." All most 100+ mothers had participated in the event.



International Nurses Day was celebrated in GCS Medical College, Hospital and Research Centre with great zeal and enthusiasm.

Nurses Day is celebrated to mark the birthday of Florence

Nightingale. Entire event was organized

by Nursing Staff and Students of Nursing College. Shri Prashant Kinariwala (Trustee), Dr. Kirti Patel (Director) were presented as Chief Guest. Apart from that Dr. NK

Rathod (Medical Superintendent), Neha Lal (Sr. Gen. Manager - Ops & HR), Sonal Prajapati (Nursing Superintendent) and Jayesh Jain (Principal - GCS School/College Of Nursing) had graced the occasion.

The celebration was full of activities and entertainment. Nursing staff had participated in



games and fun filled activities. They had performed a drama and songs. A dance performance on the theme of Pulwama Attack had enthralled the

audience. Apart from recreational events,

Dr. Baldevbhai Prajapati (HOD, Department of Paediatrics) had given



an academic presentation on "Best Injection Practice". He gave nursing staff and students valuable inputs related injecting techniques which was very useful in day to day patient

care functions. Chief Guests Shri Prashant Kinariwala and Dr. Kirti Patel had appreciated the contribution of nursing staff and encouraged them for their service. Ms. Sonal Prajapati had



briefed audience about Florence Nightingale and celebration of Nurses Day. She had described role of Nursing staff in the hospital and

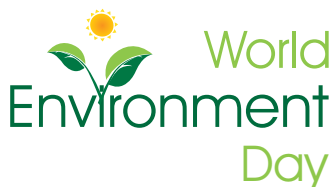
explained the importance of Nurses in patient care. Neha Lal had congratulated Nursing fraternity on the Nurses Day. She also thanked Nursing Staff and Nursing Students to extend



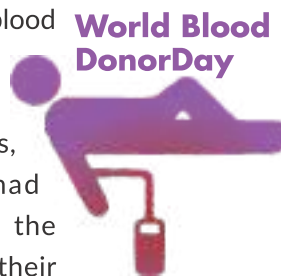
their best efforts in patient care and achieve quality standards in the hospital.

EVENTS

World Environment Day was celebrated in GCSMCH & RC in association with “Shakambhari Seva Samiti”. Around 100 plants of different species were planted in GCSMCH & RC premises. On this occasion members of Shakambhari Seva Samiti and staff members of GCSMCH & RC had planted saplings in the college campus. With addition of these trees, campus will be more greener in the near future.



World Blood Donor Day is celebrated all around the world on 14 June. Blood Bank of GCS Hospital and research centre had also organized in house voluntary blood donation camp. Doctors, Staff members, under graduate and post graduate Medical students, faculties and other visitors had participated enthusiastically in the camp and voluntarily donated their blood on this occasion.



International Day of Yoga is marked world wide on every 21 June. Department of Physiotherapy and HR had jointly organized the entire Yoga Day event in the organization. This time Yoga and Flexibility exercise was done on the theme of “**Workplace Yoga**”. Now a days majority of working professionals spend their most of time at work place. Sitting on same place for long hours can create many health issues. In addition to that, getting dedicated time and appropriate space for physical exercise is difficult for many. Resulting to this, occupational health issues like Hyper stress,



Slipping disorder and neck/back pain etc are very common working professionals. In this scenario, Workplace Yoga are becoming very popular in executives and working professionals.

On this International Day of Yoga, Physiotherapy Team led by Dr. Mihir Mehta, had explained “Workplace Yoga and Basic exercise” which can be performed at our workplace. Dr. Mihir Mehta and Ms. Rachana had addressed the employees through Central Public Announcement system. accordingly employees and doctors had performed step by step Workplace Yoga Exercise.

UPDATES

New Joinees - Welcome to GCSMCH & RC



CSSD

Anil Rathod

Nephrology

Ajay Parmar

Facility Management

Pravin Nayka

Vivek Bhargava

IT & Systems

Jigar Shah

Roma Prajapati

Nursing

Alpesh Patani

Anjali Parmar

Anne Christian

Apexa Patel

Bhavna Patani

Bhumika Vaghela

Dinal Christian
 Ekta Christian
 Frida Macwan
 Heena Parmar
 Hitendrasinh Rahevar
 Kamini Priyadarshi
 Komal Patni
 Komal A Patel
 Komal J Patel
 Mahima Patel
 Maulika Patel
 Monika Patel
 Namrata Solanki
 Nisha Rathod
 Pinkal Patni
 Priyanka Chamar
 Rashmi Parmar

Richa Chavda
 Rinku Patel
 Rohan Patani
 Sejal Pateliya
 Shalini Patel
 Sharmin Parmar
 Shital Dama
 Stallina Christian
 Yogita Makwana

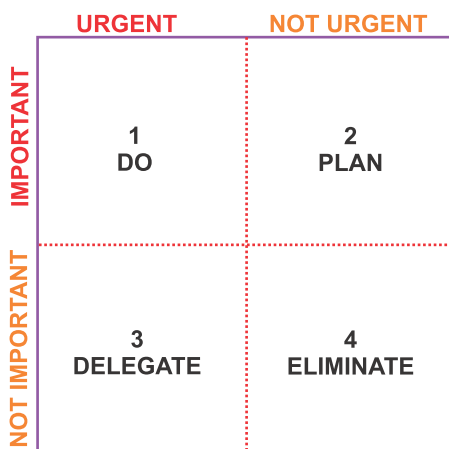
Physiotherapy

Karjari Bhavsar

Quality

Mona Bawa

Training & Development



Self Development & Personal Effectiveness

There is famous proverb : "Every minute spent in planning saves as many as ten minutes in execution."

Training & Development Department had organized a training program on "Self Development & Personal Effectiveness" for GCSMCH & RC senior employees on 7 June 2019. All Managers and Senior Nursing Staff had participated in the program. Topics related to Meaning of development, areas of development, essential quality of development, importance of planning, Eisenhower's Urgent/Important Principle etc were covered in the session. Real time case studies, exercise and videos were used in the training was appreciated by the participant.

Patient & Customer Satisfaction

Customer Satisfaction is essential part of any service. Being in hospital sector, Patient Satisfaction is very important and center of every function. To understand the importance of Patient Service- that leads to satisfaction, a new training program on "Patient & Customer Satisfaction" was started by Training & Development. In the training programme "Meaning of customer, Importance customer & patient service, 4 level of customer service, patient satisfaction criteria, how to give better service to patient and Customer Service Guidelines" etc were covered in the training program. In the first phase, all Front Office (Registration, Billing, Telecom) and Pharmacy Department employees were covered in the training.



PHARMACOVIGILANCE CORNER

SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC :
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No	Casual Medicine	Indication for use	Adverse event (Reporting Department)
1	Ceftriaxone	Fever (Dengue)	Periorbital edema, urticaria, rashes (Medicine)
2	Docetaxel	CA-Breast	Itching, nervousness, breathlessness (Oncology)
3	Docetaxel	CA-Breast	Breathlessness, nervousness, Itching all over (Oncology)
4	Inj Diclofenac	Pre-op	Swelling, redness, ecchymosis at injection site (Orthopedics)
5	Docetaxel	CA-Breast	Nervousness, itching, burning sensation all over body (Oncology)
6	Docetaxel (II dose)	CA-Breast (Rechallenge of case at no. 2)	Nervousness, breathlessness (Oncology)
7	Docetaxel	CA-Breast	Nervousness, breathlessness, Itching all over body (Oncology)
8	Docetaxel	CA-Breast	Nausea, breathlessness (Oncology)
9	Ciprofloxacin	Gastroenteritis	Chest pain, rashes at injection site (Medicine)
10	Inj Hyocimax (Hyoscine)	Renal colic	Nausea, vomiting, redness over face (Casualty)
11	Docetaxel	CA-Breast	Nervousness (Oncology)
12	Ceftriaxone	Enteric fever	Nervousness, anxiety (Pediatrics)
13	Azithromycin	Pertusis with Septic shock	Cyanosis, loss of spontaneous breathing, cardiac standstill (PICU)
14	Carboplatin	CA-Ovary	Nervousness, anxiety (Oncology)
15	Inj Diclofenac	Pre-op bone grafting	Itching /rashes all over abdomen, face, chest & upper extremities (Orthopedics)
16	Adriamycin	CA-Breast	Redness & Itching all over body (Oncology)
17	Ceftriaxone	Fever	Itching all over body (Pediatrics)
18	Urografin	For IVP	Redness/itching in area surrounding the canula (Recovery room)

**To report an ADR, please contact: Dr. Vipul Chaudhari (9825444336),
Dr. Sumit Patel (9824223626) or Pharmacology Department (8499)**

We remain thankful to all the reporting Departments for their kind cooperation

MARKETING INITIATIVES

Blood Donation & Health Check Up Camps



Health Check Up Camps

No.	Date	Area	Speciality	No. of Beneficiaries
1	11/04/2019	Juhapura	Medi-Ortho-Peadi-Gynec	203
2	16/04/2019	Khadiya	Medi-Ortho-Peadi-Surgical	285
3	18/04/2019	Fatehvadi	Medi-Ortho-Peadi-Gynec	300
4	25/04/2019	Vatva	Medi-Ortho-Peadi	281
5	02/05/2019	Vastral	Medi-Ortho-Peadi	120
6	17/05/2019	Kalapinagar	Medi-Ortho-Peadi	211
7	23/05/2019	Shahpur	Medi-Ortho-Peadi	140
8	11/06/2019	Amraiwadi	Medi-Ortho-Peadi	236
9	25/06/2019	Janugam	Medi-Ortho-Peadi	206

Blood Donation Camps

No.	Date	Area	Donor
1	14/04/2019	Naroda	17
2	09/05/2019	Navrangpura	15
3	14/06/2019	Isanpur	22
4	14/06/2019	GCS Blood Bank	33

Presence in Social Media



Greetings and posters published on the social media on various days & festivals.

IN NEWS

મફત મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું



ભારતીય વિદ્યાલય પાલિવલ, જાણીતા ડોક્ટરો દ્વારા મફત મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું હતું. આ કેમ્પમાં મુક્તિ, સ્વચ્છતા, સ્વાસ્થ્ય અને વૈદિક દ્રવ્યોનો ઉપયોગ કરવામાં આવ્યો હતો. જેથી લોકોને સ્વચ્છતા અને સ્વાસ્થ્યની જાણ થઈ શકે છે.

Appreciation in Social Media



Narendra Paliwal Salute GCS team for keeping awareness in health subjects in time to time consistently... Best wishes to keep continue...

Like · Reply · Message · 1d



UPDATES

Quality Improvement Audits & Trainings

Quality is important aspect in Hospital and Healthcare sector. Quality improvement audit are adopted by the hospitals to evaluate existing quality practices and bring quantifiable improvement in health care services. Quality Improvement Audits can indicate how things to be from end to end, appraise and improve care of patients in a systematic way.



To bring improvement sensitivity in day-to-day functions, an awareness program was organized for Internal Auditors to understand importance of audit and different audit methods. Ms. Neha Lal (Sr. General Manager- Operations & HR) had briefed the internal auditors about Quality and Audit procedures.

Quality Department has increased number of Internal Quality Improvement Audits pertaining to multiple skilled members for healthier patients care and for optimal satisfaction of patients/customers coming across in our organization. Internal auditors had conducted different audits in different departments and suggested the way forward.

In addition to that, Training sessions on various subjects were conducted for respective staff for quality improvement in their functional areas.

As someone rightly said....

“Continuous Improvement is better than delayed perfection”.

NABH Implementation and Internal Auditors Programme



GCSMCH & RC, in association with Medigence Solutions Pvt Limited had hosted NABH Implementation and Internal Auditors Programme on 8 June 2019. Eminent

Doctors and consultants in the field of healthcare had given insight to participants on effective implementation of NABH, Quality and Audit. Many healthcare quality professionals from different Hospitals had participated in the program. Ms. Neha Lal (Sr. General Manager-Operations & HR) who is also



certified NABH Assessor, had conducted session on “Certified Internal Auditor”. Behalf of

GCSMCH & RC, Mr. Sunil Patel (Officer, Facility Dept), Ms. Chandrika Patel (Asst Nursing Superintendent, Nursing Dept) and Ms. Shraddha Belani (Sr. Pharmacist, Pharmacy Dept) had participated in the programme along with other participants and got valuable information about NABH quality and audit system.

Nursing College



Mr. Jayesh Jain, Principal, Nursing College had attended national level conference on “**Leading Way To Healthy Community**”, held at S.S. Agrawal College of Nursing, Navsari, on 05 April 2019. He had conducted the session as moderator.

In another occasion he had attended state level Workshop held at Chitrini College of Nursing, Prantij, Himmatanagar, on 09 May 2019. He delivered talk on “**Safety Culture : An Initiative towards Optimum Health**” as a recourse person.

Community Medicine



Community Medicine Department celebrated “World Health Day” on 7 April 2019 under the aegis of Indian Association of Preventive and Social Medicine. The Quiz competition was conducted on the theme of World Health Day (“Universal Health coverage: Everyone, Everywhere”) among MBBS students of GCS Medical College. After elimination round four (4) teams out of twenty one (21) teams were selected for the final round of quiz competition.



On the occasion of “World Health Day” a screening camp was organized by Department of Community Medicine for all the Female Mendicants of “Mahila Bhikshuk Gruh” at RHTC field area, Dabhoda. The camp was organized by Dr. Donald Christian (Associate Professor), Dr. Hardika Khanpara (Assistant Professor), Ms. Priyanka Dabhi (MSW) and Interns with the support from Department of Medicine and the staff of Primary Health Centre.



World No Tobacco Day was observed among the factory workers of RHTC field practice area, Dabhoda. Awareness message was given through Role play, Health talks, Doubt discussion and Pledge taking involving all the workers and their supervisors for this addiction-prone population.

The sessions were conducted by Dr. Donald Christian (Associate Professor), Dr. Hardika Khanpara (Assistant Professor), Ms. Priyanka Dabhi (MSW) and interns.



Menstrual Hygiene Day

On the occasion of Menstrual Hygiene Day an awareness session on Behaviour

Changing Communication was organised by Community Medicine Department, GCS Medical College, Ahmedabad on 28 May 2019 at Arvind Mill, Naroda. Around 40 females employees of Arvind Mill had attended the session and they were briefed about importance of menstrual hygiene. The session was conducted by Dr. Venu Shah, Associate Professor, Community Medicine Department, GCS Medical College, Hospital and Research Centre, Ahmedabad.

World Thalassaemia Day

On occasion of World Thalassaemia Day, an IEC session was organised on 8 May 2019 about Thalassaemia by Urban Health

Training Centre, Department of Community Medicine at Divisional Railway Manager Office, Western Railway, Ahmedabad. Around 50 employees of DRM office had attended the session. The IEC session was taken by Dr. Rujul Shukla, Dr. Viral Dave and Dr. Umesh Oza. The session was followed by “Question & Answer Round” where speakers had answered the queries related to Thalassaemia.



Department of Anaesthesiology



BLS (CPR) Training : Anesthesia team including Dr Reema wadhawa, Dr Monika shah headed by Dr Heena Chhanwal conducted hands on training in Basic life support course of 35 nursing staff from ICU, OT, Casualty and Pre and post operative Nursing staff on 17 June 2019.



Psoas Compartment Block (PCB)

A 62 years male patient diagnosed with left neck of femur fracture was posted for bipolar hemiarthroplasty. The patient was cachexic, malnourished & has short stature with barrel-shaped chest. The patient had the past history of pulmonary koch's 40 years ago for which AKT was taken for 6 months. The patient had the past history of exploratory laparotomy 30 years ago for intestinal obstruction. On respiratory examination, there was generalised decrease in air entry throughout the chest with presence of rhonchi on the left chest region. Chest X-ray findings were suggestive of fibrocalcified lesions & collapse of left upper & mid zones along with left sided pleural effusion & right upper lobe collapse with pulling of trachea towards right side & shifting of mediastinum towards left side.



Arterial blood gas analysis showed partial pressure of oxygen of 83.4 % with pH within normal range. Pulmonary Function Tests (PFT) showed restrictive pattern of lung disease with predictability of 27.5 %. On palpation of pulse, 6-8 misbeats/min were noted in both radial arteries & on auscultation, prominent mid-systolic murmur was heard. ECG was suggestive of irregular heart rhythm & atrial premature contractions (APCs). 2D-ECHO shown LVEF=55% with mitral valve prolapsed (MVP) with mild mitral regurgitation (MR). Patient was started on tablet metoprolol 25mg OD & tablet dytor 10mg OD 2 days prior to surgery. After complete evaluation, General anaesthesia (GA) was not possible because

with this condition of lungs, GA can lead to V/Q mismatch, difficulty in maintaining inhaled anaesthetist concentration, difficulty in maintaining proper oxygenation & can lead to bronchospasm & long term ventilatory support. Spinal anaesthesia (SA) was not possible because of cachexic nature of body buildup & presence of mitral valve abnormality with decrease cardiac reserve. Hence, it was decided to proceed with psoas compartment block.

After establishing wide-bore IV cannula, starting IV fluids & starting haemodynamic monitoring, patient was given right lateral position. As premedication, inj midazolam 1mg & inj glycopyrrolate 0.2 mg was administered. Under USG guidance & using peripheral nerve stimulator, psoas compartment was localised & in that also, psoas muscle was identified & inj bupivacaine (0.5%) 10ml + inj lignocaine-adrenaline (2%) 10ml was injected. The effect of psoas compartment block was assessed & with confirmation of loss of sensation over surgery site and no pain on manipulation of fracture site, patient was given position for surgery. Incision was placed 15 minutes after giving psoas compartment block. Throughout the intra-operative, patient remained haemodynamically stable & surgery got completed without any adverse events.



The patient was shifted to ICU for post-operative monitoring on oxygen support @4L/min using oxygen mask. Patient remained haemodynamically stable for 2 days post surgery & was then shifted to ward. The case was successfully handled by Dr. Bipin Shah, Dr. Deepa Jadav, Dr. Hitesh Chellani & team of anaesthesia department.



Department of Anaesthesiology

Unanticipated Difficult Intubation

A 66 years woodcutter male patient presented with low back pain & h/o fall down 4 times in last 2 years & diagnosed as L4-L5spinal canal block with the help of MRI& posted for spine fixation surgery. Patient was a k/c/o left leg filariasis on treatment & h/o IHD 1.5 years ago. On pre-operative checkup, mild thyroid swelling & diagnosed as hypothyroidism. Tab thyronorm 50mcg 1 OD started. Airway assessment revealed no abnormality. All investigations including ECG, 2D-ECHO & X-ray Neck lateral view were within normal limit. The patient was posted under ASA-3. Surgery was planned to be taken place in prone position & hence patient was to be induced & intubated on stretcher. After establishing large bore IV cannula, starting IV fluids & establishing haemodynamic monitoring, pre-oxygenation was started. After injecting optimum doses of pre-medication (inj glycopyrrolate 0.2mg, inj midazolam 1mg & fentanyl 100mcg), induction was started using inj propofol 130mg. After establishing optimum check ventilation using bag & mask ventilation, inj succinylcholine 100mcg injected. On 1st attempt of intubation using Macintosh blade no.4, only



epiglottis was viewed & on lifting epiglottis from its base, neither vocal cords nor arytenoids were visible. After that, intubation was tried using McCoy's blade, BURP manoeuvre & bougie, but intubation didn't take place. During this period, senior anaesthetists were called, inj dexamethasone 8mg & inj hydrocortisone 100mg were administered & during this entire period, oxygenation & haemodynamics were maintained. After optimum pre-oxygenation for another 3 minutes & injecting optimum dose of inducing agent & muscle relaxation, fibre-optic intubating scope was used for intubation but even after 3 attempts, intubation couldn't take place. Finally, Intubating LMA (Blockbuster LMA) with its dedicated armoured re-inforced tube no 7.5mm for intubation were used & atlast, airway was secured & intubating LMA with its tube were properly fixed. Patient was given prone position & surgery got commenced. Intra-operative period was uneventful, successfully extubated & shifted to ICU on O2 mask & shifted to ward after 24 hours. The case was successfully handled by Dr. Heena Chhanwal, Dr. Bipin Shah, Dr. Deepa Jadav, Dr. Hitesh Chellani and team of anaesthesia.

Workshop



ACLS Workshop : In collaboration of Academy of Traumatology (AOT), Dr. Asmita Chaudhary had organized 3 days American Heart Association (AHA) certified ACLS workshop on 28th-30th March in GCS Medical College. Dr. Asmita is a qualified instructor of AHA and AOT since 2008. In the workshop 28 Delegates across the Gujarat have participated. Various Hands on skills were taught in ACLS workshop like Airway skills, CPR, Defibrillation, Trans cutaneous pacemaker, intraosseous lines, management of acute coronary syndrome and CV stroke. All delegates have successfully cleared the assessment and received AHA certificates.



1st CISP (Curriculum Implementation Support Program) workshop was organized at GCS Medical College on 16-18 May, 2019. The board of governors of MCI has made implementation of Competency based Medical Education compulsory from the 2019-20 Academic year.

Curriculum Committee (Dr. Asmita



Chaudhary, Dr. Ramesh Pradhan, Dr. Sadhana Kothari, Dr. Bhanu Desai, Dr. Hardik Bhavasar) of GCSMCH & RC had conducted 3 days CISP workshop for 30 senior faculties.



We are happy to inform that with the support of Dr. Kirti Patel (Director) and all faculties the new curriculum is executed smoothly.

Training



97 B.Sc. Nursing students from SKUM College of Nursing, Ahmedabad were posted during 15 April to 8 June 2019 at Hospice for 'Hands On' training in Cancer & Palliative Care for 14 days during these two months.

M.Sc. Nursing Students were posted during 6 May to 18 May 2019 at COC for two weeks training in Palliative

Care & hospice care. They provided their services at COC & took part in all the activities done at this institute.

39 Nurses & 1 Doctor, enrolled for Community Health Officer Course, attended one day training on 9 May 2019 at COC. Palliative & Hospice care & cancer Awareness & Cancer Screening were the key topics of course.

Services

Project on "Prevalence of HPV in Urban Women" by GCS & IIPH is still going on at COC. Approx 550 women are screened for HPV infection and breast cancer at COC up to date. Target is to screen 1000 women by September 2019.

Events



Musical Evening

'Sukrut Kalyan Mitra Mandal' organized a musical evening on 21 April 2019 for hospice patients. Ms. Kashmiraben & her team in collaboration with 'Ashutosh Bit

Orchestra' sang melodious old filmy songs. Hospice patients, their relatives & staff took active part in the event.

World No Tobacco Day

50 factory workers of 'Samarth Dimond' & 30 staff member of L J Institute Campus, Ahmedabad, visited COC on 31 May 2019. They visited 'Prayas' Cancer Exhibition. Free check up for oral cancer and necessary counseling was done to 'Quit Tobacco'. 'Eksang' -



Institute performed a drama on topic 'Re Gutkha Tara Paape'. Dr. Sujay Mehta, Municipal Councillor, Paldi Ward & Dr. D D Patel, Prashant Kinariwala, Narendrasinh Chavda graced the occasion.

World Environment Day

'Tree plantation' done on 5 June 2019 at COC by Shri Prashant Kinariwala, General Secretary, GCS, Dr Geeta Joshi, CEO, Dr Dinesh Shah, Hon Physician, staff & also by hospice patients. 15 different types of plants were planted in campus of COC. "Save Trees, Save Health" was the theme of the event.



Media Coverage

Dr. Geeta Joshi, CEO, was invited to deliver talk on "Cancerthi Dariye Nahi" at Gujarat Vishvakosh on 31 May 2019. Her speech was covered in leading Gujarati daily news paper.

ભારતમાં વર્ષે 11 લાખ કેન્સરના પેશન્ટ એડ થાય છે:ગીતા જોશી

વિશ્વકોશમાં કેન્સરથી ડરીયે નહીં વિષય પર ટોક

કિર્તી શિર્કેર sbarnovad@gmail.com

કેન્સર જેને લઈને ઘાય છે તેના કારણોમાં ગુટના, ઠાંડે, મસાબા, તંબાકું વગેરે વ્યસનોથી અને મેડસ્ટીપલુ, ફાસ્ટ ફૂડ, મોડા સુતું, મોડા ઊંઠવું, સ્ટ્રેસ, પ્રદુષણ, હવામાં વાતાવરણના રેડિયેશનથી પણ કેન્સર થઈ શકે છે. કેન્સર વિશેની પુરી જાણકારી ન હોય ત્યાં મુખી ડર બાને છે. રોગ વિશેની મૂળ માહિતી મેળવી લઈએ તો બધી શકાય. આ શબ્દો છે ડો. ગીતાબહેન જોશીના. વિશ્વકોશમાં શુક્રવારે ઝવન કાર્ય વ્યાખ્યાનરૂપા અંતર્ગત કેન્સર વિશેની અને કેન્સરથી ડરવાની જરૂર નથી વિષય પર વાત કરી હતી.

વાતને આગળ વધારતાં ગીતાબહેન જોશીએ કહ્યું કે, 'જો આપણે વ્યસનોથી દૂર રહીએ અને સ્વાસ્થ્ય સભર જીવનશૈલી હોય તો બધી શકાય છે. આપણા સેલ્ફની નિયમિત તપાસ કરવી જોઈએ. જેમાં કેન્સરને લગતી તપાસ પણ થવી જોઈએ. આપણે ત્યાં પ્રથમ ત્રણ પ્રકારના કેન્સર મો, ગાંધાનું, સ્તનનું અને ગર્ભાશયના મુખનું એમ જોવા મળે છે. આ ત્રણ કેન્સર એવા છે કે જેની પ્રાથમિક તપાસ થઈ જાય

તો આમાંથી બધી શકાય છે. તેના ટેસ્ટમાં પહેલા તબક્કે જ પકડાઈ જાય તો 93% 100 ટકા તે કમ્પોઝિબલ છે. ભારતમાં કોઈપણ સમયે છન્ડીસ બાપ દર્દીઓ કેન્સરના છે. દર વર્ષે એમાં 11 લાખ નવા ઉમેરાય છે અને 8 લાખ લોકો મૃત્યુ પામે છે. મોગ્ય ચેતવણીરૂપ ચિહ્નો પકડી શકો તો કેન્સર મટી શકે છે. રોગ કોઈ પણ હોય પણ તેમાં જો સમયસર નિદાન થાય અને પછી ઠેક કરવામાં આવે તો કોઈ પણ રોગ મટી શકે છે. તેમાં આપણામાં રહેલી હકારાત્મકતા પણ મહત્વનો ભાગ ભજવે છે.'



Departmental Achievement

Oncopathology Department : New course on DM Oncopathology was started by Oncopathology Department, GCRI. 8 seats are granted by Medical Council of India (MCI), which is highest number of DM Oncopathology PG seats for an institute in India.

Palliative Department: Palliative Department has completed quality improvement project by “Setting up a structure to prioritize home based palliative care” in collaboration with Stanford University of Medicine and TATA Trust (NCG). Two Students have taken admission in MD Palliative Medicine in May 2019.



Anaesthesia Department: Anaesthesia Department was awarded “Dr Vimla Agrawal” Trophy for Highest Publication, in appreciation for excellent participation in World Restart a Heart Day- COLS by Indian Resuscitation Council.

Cancer Biology: 3 students of M.Sc. Cancer Biology, GCRI ranked in Top 50 candidates in Gujarat University in April 2019. Heartiest congratulations to students.

- 1.Sinha Ahuti Brajeshkumar
- 2.Jamba Vanita Manojkumar
- 3.Vaswani Payal Kumdan

Staff Achievement

Dr. Parijath Goswami, Professor and Head, Microbiology Department, was invited as a WHO Representative member to participate in national meeting to curtail antibiotic resistance. She had delivered a lecture on “Science of Terminal Sterilization (SOTS)” in May 2019 at Mumbai and had trained around 300 participants from various hospitals all over India. She had also delivered a lecture to the various faculty doctors of Medical colleges, Gujarat on the subject “Role of Microbes in relation to Environment, Health & disease” at LG hospital, Ahmadabad.

Dr. Janmesh Shah: Assistant Professor from community Oncology Department has been selected as a sponsored candidate by IARC (International

Agency for Research on Cancer)- WHO for a summer school at Lyon, France for 2 weeks summer school from 17th June to 28th June.



Dr. Prabhudas S. Patel, Professor & Head, Cancer Biology and Dr. Hemangini H. Vora, Associate Professor of Cancer Biology

had completed training on “Sure MASTER BRCA Screen with NGS technology at Niel, Brussels, Belgium in June, 2019

Employee of the Months



March 2019

Ms. Nisha Patel (Record Clerk)



April 2019

Ms. Tejel Dadholkar (Jr. Clerk)



May 2019

Mr. Prakash Chaudhary (Stenographer)



Training Program



Microbiology Department had organized a conference on Hospital Associated Infection (HAI) at KD Hospital, Ahmedabad. Around 200 delegates from various private and government hospitals had participated in the conference.



Palliative Department : A training program on “Medical use of Essential Narcotic Drugs” was organized by Palliative Department from 26 to 28 April 2019.

Celebrations



Nursing Department : Nurses Day was celebrated with great zeal on 12 May 2019 in which around 250 Nurses had participated. Nursing staff had organized a small function to mark the day. As a part of event an awareness talk on subject “Care for Care Givers & Life Savers” was delivered by guest speaker Ms. Shivani Arya (Dietician). Objective of this lecture was to create awareness about importance of mental and physical health among nursing staff who works round the clock for patients. All the dignitaries had appreciated Nursing staff for their dedicated work and symbolised them as the “Heart of the Hospital”.

Community Oncology Department

Dr. Rohini Patel from Community Oncology Department had delivered a lecture on “Breast Cancer” for awareness of patients and their relatives in new building of GCRI on 24th April. After the lecture, pink gas balloons were flown in the sky by the patients and their relatives.



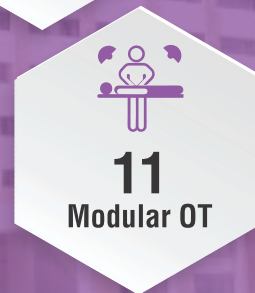
Community Oncology Department

On the occasion of World No Tobacco Day- 31st May, an awareness lecture was organized by Community Oncology Department at South Western Air Command, Air Force Station, Gandhinagar. Dr. Janmesh Shah had delivered an awareness lecture. More than 50 Air Force employees had attended the lecture and took pledge to stay away from the tobacco.

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GCS Medical College, Hospital & Research Centre

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