

GCSMCH News Letter

Issue: 26

January-March 2019

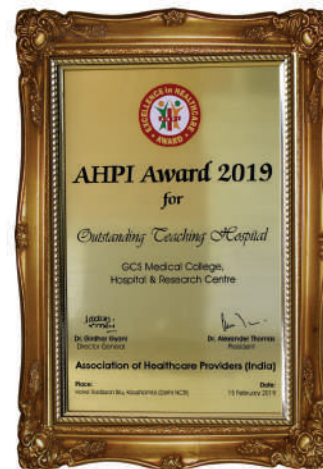


*The Mark that you should always look for
in Healthcare Quality & Safety*

NABH Accreditation

GCSMCH & RC Scaling New Heights Setting New Benchmarks

Award for Outstanding Teaching Hospital



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EDITOR'S DESK

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Publisher

Dr. Kirti M. Patel (Dean)

Chief Editor

Neha Lal (Sr. General Manager - Operations & HR)

We hear your feedback at communications@gcsmc.org

SBI Life Insurance Company donated Rs. 50 Lacs



SBI Life Insurance Company is always committed for social cause. Recently SBI Life Insurance Company has donated Rs-50,00,000/- (Rs. Fifty Lacs) under CSR initiative to Gujarat Cancer Society for its 7C Ward which is functioning for care of cancer patients at GCS Medical College, Hospital & Research Centre.

GCSMCH & RC Management is grateful to SBI Life Insurance Company for their valuable contribution in fight against cancer by various means including creating awareness and screening camps.

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%). Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

Visit us at www.gujaratcancersociety.org / www.gcsmc.org
Email: admin@gujaratcancersociety.org / info@gcsmc.org

From Chief Editor's Desk

Dear Readers,

There is one famous proverb, "Well Begun is Half Done". Beginning of 2019 has fetched three fabulous news, all GCSians can feel proud for.



First, After 2 years of extensive hard work, GCS Medical College, Hospital & Research Centre has received NABH Certification, which is 2nd in Gujarat in Private Teaching Hospital Category with largest bed strength. This accreditation is symbol appreciation for our commitment towards quality in patient care.

Second, GCS Medical College, Hospital & Research Centre has attained "Excellence in Healthcare" award by AHPI (Association of Healthcare Providers, India) for the year 2018 under the category of "Outstanding Teaching Hospital".

Third, The Graduation ceremony for the third batch of MBBS students was held in a glittering function on March 8th 2019 at Thakorbhai Desai Hall. The students of GCS Medical College have secured very high merits at Gujarat University Examination. Mr. Neel Swaminarayan secured all Gujarat University 1st Rank in Third MBBS Part II examination held in Dec 2018.

All these milestones are very significant and outcome of your dedicated and relentless efforts for the organization. GCS Hospital still is aiming to adopt newer healthcare challenges and make it successful like Ayushman Bharat Yojana, 100% implementation of HMIS - to enable higher operational efficiency at Hospital, proper budget execution for cost effectiveness, Quality & NABH sustainability and much more. I certainly hope that we would continue to evolve ourselves to march this journey ahead and ahead to make the organization achieve newer heights.

In the previous quarter, events like "Make it Happen in 2019 / Promise to myself in 2019", International Women's Day, Holi etc were celebrated in unique way, which you can read in detail in this issue.

In the end, I once again congratulate all for best work done so far, and also convey best wishes to keep the momentum high and up in the future too!!!!

With Best Wishes...

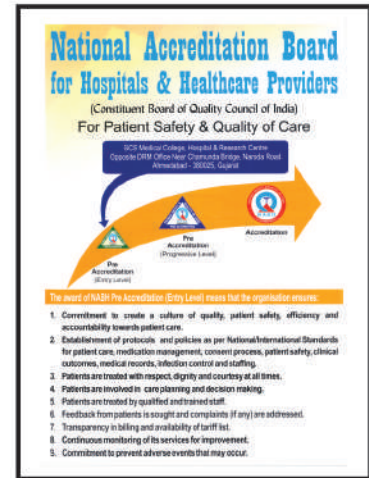
Neha Lal

Chief Editor

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SIGNIFICANT UPDATES

GCS Medical College, Hospital & Research Centre is accredited by NABH for Pre-Entry Level



GCS Medical College, Hospital & Research Centre is accredited by NABH for Pre-Entry Level Accreditation NABH, which is 2nd in Gujarat in Private Teaching Hospital Category with largest bed strength.

All GCS Staff and Management has put lots of efforts to achieve this status. It was hard work of 2 long years and some tough calls, however with dedicated and aligned approach, GCHMCH & RC has made it successful. As it says "Quality is journey and not a destination." – All GCSians are committed to give best to patient care. On this remarkable achievement, GCSMCH & RC congratulates all employees and ex employees for their wholehearted efforts.

GCSMCH & RC has grabbed award of "Outstanding Teaching Hospital" by AHPI



GCS Medical College, Hospital & Research Centre has grabbed "Excellence in Healthcare" award for the year 2018 under the category of "Outstanding Teaching Hospital". This award was presented by Association of Healthcare Providers (India) i.e. AHPI, an representative body of Healthcare Organizations in India, which recognize and promote quality and excellence achieved by the hospitals as well as medical educational institutions.

Ms. Neha Lal (Sr. General Manager-Operations & HR) and Dr. Kirti Patel (Dean) had received the award behalf of GCSMCH & RC in AHPI Global Conclave 2019 function held on 15th February 2019 at New Delhi. Theme of AHPI Global Conclave 2019 was "Outcome Based Healthcare Delivery System".

In 2017-18 as a part of academic curriculum and special initiatives, GCSMCH & RC students had presented 53 papers and posters in conferences under leadership of expert faculties. Presently GCSMCH & RC is having more than 150 experienced professors who are associated with medical college and hospital as well.

In the past also GCSMCH & RC was ranked at 1st position in "PROGRESSIVE RANK DIVISION" in Private Medical College sector in Gujarat. This "Excellence in Healthcare" award is another milestone in the progress journey of GCSMCH & RC.

EMPLOYEE CORNER

EVENTS

Make it Happen in 2019 - Promise to myself in 2019 HR Department had started 2019 with an innovative event. "Make it Happen in 2019 / Promise to myself in 2019" for all the doctors and employees' of GCSMCH & RC. As a part of the event, all employees had written their smart resolution about personal and professional growth. In the event, 150+ Doctors & Staff had participated in the contest very enthusiastically.

International Women's Day-2019 was celebrated on 8th March 2019 at GCSMCH & RC with great zeal by all women including outsourced female staff. Women employees had come in colorful dress as part of celebration. Around 150 women employees had attended the event.



Theme of International Women's

Day-2019 was "#Balance for Better". Women employees had conveyed their message through Role Play. Audience had enjoyed and appreciated Dance & Song performance by employees.

A small talk on "Healthy Skin" was delivered by experts. In the end, Employees who had participated in role-play were felicitated.

Holi Celebration: Holi was celebrated by burning out all the tobacco products recovered from patient's relatives and visitors during the year. GCSMCH Staff had also celebrated eco-friendly holi in the form of "Tilak Holi" with the management and colleagues.



Tribute to martyrs
G C S M C H & R C employees had paid tribute to Pulwama attack martyrs by observing 2 minutes of silence. Dr. Sushil Suri had expressed his emotions with anger in the words.

Employee Satisfaction Survey was conducted in GCSMCH & RC to know employee's view on various aspects of organization. This survey was conducted fully ONLINE and so, we could prevent the wastage of papers by not opting Hard Copy forms. Based on the survey, it was found that 86.4 % Employees are Satisfied with 82.53 % of Satisfaction Level. As a part of survey, many employees had given very good suggestions related to their work and department. Management is very positive about employee's feedback and suggestions, and important suggestions will be given thought for implementation.



ATM Facility from Yes Bank

In our constant endeavor to provide better facility to employees and visitors, ATM of Yes Bank was inaugurated near staff entry gate on 29-01-2019 in the presence to senior dignitaries of GCSMCH & RC and Yes Bank. With the facilities, employees and visitors of the hospital will have more convenience to avail cash. On this occasion, Yes Bank representatives had briefed employees regarding various banking service offered by the bank. GCSMCH & RC is thankful to Yes Bank for providing ATM Facility at GCSMCH & RC.



Achievement of Nursing Department



GCSMCH & RC Nursing Staff had participated in "Infusion without Infection" poster competition on 25-01-2019. The event was organized by Polymed Company. Ms. Nikita Thakar (ICN) and Kokila Parmar (S/N) had participated in the competition under the guidance of Ms. Sonal Prajapati (Nursing Superintendent) and won first prize in the event.

UPDATES

New Joinees - Welcome to GCS



Business Development

NisargSolanki

Dialysis

GeetaRaval

Facility

AnkitRoy

SanjayChauhan

VijyaAmin

FrontOffice

ChandrakantBainalwar

MauliShah

PriyankaChovatiya

UrvashiRathod

YashasDatniya

Histopathology

PayalKhant

IT & Systems

RajPanchani

Nursing

AditiThapa

AnkitaChourasiya

AxitaPanchal

BhavyataRathod

BhoomikaPatel

DivyaKPatel

DivyaVPatel

HenyBhatt

HetaNayi

HetalBodat

HetalPatel

HimaliParmar

JaiminiPatel

JasmeenMakwana

JanetParmar

JigarTabiyad

JoiceChristian

JyotiSolanki

KajalPatel

KhushbuPatel

KrishPatel

KrupaPatel

MittalParmar

MonikaDabhi

NayanaPatel

NidhiPatel

NormaChristian

PalakChandarav

PareshaPatel

PinalVasava

PinkalPatel

RenukaShrikhande

RiddhiVala

RoselineMacwan

RutuParmar

SandhyaZinzuwadiya

SanidhyaVaghela

SarlinHebroni

SeemaDesai

SherilChristian

ShrutiChristian

SushmaBhoye

TruphaenaChristian

UrviRaval

VidhiRakeshPatel

VidhiRameshPatel

VoltinaPatel

Operations

SweetyShrivastav

Pharmacy

BharatMagaram

Quality

KrutiPatel

Store

AshutoshBhatt

Pharmacovigilance Corner

SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC :

(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No	Casual Medicine	Indication for use	Adverse event (Reporting Department)
1	CISO-DS (Cefoperazone+Sulbacatam)	Post-op (fracture tibia)	Erythema, swelling at IV site (Recovery room/Orthopedics)
2	Oxitan (Oxaliplatin)	CA-Jejunum	Itching, nervousness, redness all over body (Oncology)
3	Paclitaxel	CA-Lung	Breathlessness, Itching all over (Oncology)
4	Tramadol /Diclofenac	Pre-op fracture femur	Rashes and wheal at injection (Orthopedics)
5	AKT (H,R,Z,E)	Miliary Tuberculosis	Hepatic dysfunctioning (Pediatrics)
6	Inj Levofloxacin, Inj Diclofenac	Post op (after surgery for benign axillary tumour)	Itching and rashes on forearm beyond injection site (Recovery ward)
7	Oxaliplatin	CA-Jejunum	Redness, Itching all over body (Oncology)
8	Ceftriaxone	Post-Op (D&C)	Rashes on forearm, Itching all over body (Recovery room)
9	Inj Diclofenac	Pott's Spine	Bluish discolouration of fingers, Swelling of dorsum of hand (Orthopedics)

To report an ADR, please contact: Dr. Vipul Chaudhari (9825444336),

Dr. Sumit Patel (9824223626) or Pharmacology Department (8499)

We remain thankful to all the reporting Departments for their kind cooperation

UPDATES

Graduation Ceremony Of The 2013 Batch Of MBBS



The Graduation Ceremony for the 2013 batch (third batch) of MBBS students was held in a glittering function on March 8th 2019 at Thakorbbhai Desai Hall. Honourable Governorshri O P Kohliji graced the occasion as chief guest. Shri Pankaj Patel, chairman Zydus Cadila, was the guest of honour. Other dignitaries on the dias, Shri Prashant Kinarival, Shri Kshitish Madanmohan & Dean Dr. Kirti Patel also dignified the event. Many of the trustees & faculties of GCS medical college were present, so ere the graduating students and their proud parents and juniors. The program began with the welcome address of all dignitaries by our Dean. Shri Pankaj Patel and hon'ble Governorshri also gave their message to the students. Thereafter, amidst continuous claps of appreciation, the students collected their certificate from the dignitaries on the dias.

Achievement of the Third MBBS Students



The students of GCS Medical College have secured very high merits at Gujarat University Examination. **Neel Swaminarayan secured all Gujarat University 1st Rank in Third MBBS Part II examination** held in Dec 2018. Other five students Yashvi Shah, Shreel Patel, Nirmitt Kothari, Yash Patel & Omkar Gadre secured among top 15 ranks in Gujarat University.

Candle Lighting & Graduation Ceremony of Nursing Students

The Candle Lighting Ceremony for 4th Batch of Basic BSc Nursing Students, 6th Batch of GNM Students, as well as Graduation Ceremony of 1st Batch of BSc Nursing and 4th Batch of GNM was held in a grand function on March 28th 2019 at Sardar Patel Smarak Auditorium Hall.

Dr. M M Prabhakar (Medical Superintendent- Civil Hospital and President-Gujarat Nursing Council) graced the occasion as chief guest. Mr. IA Kadiwala (VP-Gujarat Nursing Council) and Dr. Pragna Dabhi (Registrar-Gujarat Nursing Council) were the guest of honour.

Dr. M M Prabhakar had congratulate all for their academic performance and wished for their bright future.

Department Of General Surgery



Resident Doctors of Department of General Surgery recently attended AMCON-2019 conference held at Smt NHL Municipal Medical College, Ahmedabad from 15th-17th of March and actively participated in it.

They brought glory to GCSMCH & RC by securing 1st & 2nd prizes in paper presentation among 40 papers and 3rd prize in poster presentation among 36 posters.

- (1) Dr. Udit Shah stood 1st for his paper on "Early complications of Modified Radical Mastectomy"
 - (2) Dr. Mit Rojesara stood 2nd for his paper on "PMMC flap vs ALT free flap for reconstruction after oral cancer surgery"
 - (3) Dr. Aditya Goyal stood 2nd for his paper on "Anal dilatation vs Lateral Anal Sphincterotomy for chronic anal fissure"
 - (4) Dr. Mihir Patel stood 3rd for his poster on "A Rare Case of Retroperitoneal Schwannoma".
- Dr. Manubhai Pipalia (Professor & HOD) and other professors had provided their guidance to the students.

MARKETING INITIATIVES

Blood Donation & Health Check Up Camps



Health Check Up Camps

No.	Date	Area	Speciality	No. of Beneficiaries
1	24/01/2019	Baherampura	Medi-Ortho-Pidia	488
2	31/01/2019	Vadaj	Medicine	48
3	7/2/2019	Sabarmati	Medi-Ortho-Pidia	90
4	14/02/2019	jamalpur	Medi-Ortho-Pidia	353
5	21/02/2019	khamasa	Medi-Ortho-Pidia	404
6	28/02/2019	Shahibag	Medi-Ortho-Pidia	210
7	07/3/2019	Dudhesvar	Medi-Pidia	210
8	16/03/2019	Vatva	Medi-Ortho-Pidia	300

Blood Donation Camps

No.	Date	Area	No. of Beneficiaries
1	06/01/2019	Navrangpura	188
2	12/01/2019	Naroda	12
3	12/02/2019	New Naroda	47
4	16/02/2019	Vastral	58
5	10/03/2019	Kudasan	26
6	14/03/2019	Memnagar	25
7	17/03/2019	Nana Chiloda	41

Presence in Social Media



Greetings and posters published on the social media on various days & festivals.



Vipul Patel This hospital has saved my mother's life. Thanks Dr. Rasesh Solanki sir... 🙏🙏🙏

Like · Reply · Message · 5w

Appreciation by patient's relative on Social Media.

GCS in News

જીસીએસ હોસ્પિટલ દ્વારા જીવદયા માટે ઉત્તમ પગલું



જીસીએસ હોસ્પિટલના સહયોગથી ઓલ ઇન્ડિયા જમિયનુલ ફુરેશ દ્વારા મફત રોગ નિદાન કેમ્પનું આયોજન

ઓલ ઇન્ડિયા જમિયનુલ ફુરેશ દ્વારા મફત રોગ નિદાન કેમ્પનું આયોજન



ઓલ ઇન્ડિયા જમિયનુલ ફુરેશ, તુરકીના સંસ્કૃતિ અને સ્વચ્છતા મંત્રાલય દ્વારા આયોજાયેલ આ કાર્યક્રમમાં આપણી હોસ્પિટલના સહયોગથી આ કાર્યક્રમનું આયોજન કરવામાં આવ્યું છે. આ કાર્યક્રમમાં આપણી હોસ્પિટલના સહયોગથી આ કાર્યક્રમનું આયોજન કરવામાં આવ્યું છે.

જીસીએસ મેડિકલ કોલેજ, હોસ્પિટલ અને રીસર્ચ સેન્ટરને મળ્યો એવોર્ડ

જીસીએસ મેડિકલ કોલેજ, હોસ્પિટલ અને રીસર્ચ સેન્ટરને વર્ષ 2018 માટે 'એક્સલન્સ ઇન હેલ્થકેર'નો એવોર્ડ પ્રાપ્ત થયો છે. આ એવોર્ડ AHPA દ્વારા 'આઉટ સ્ટેન્ડિંગ ટીચિંગ હોસ્પિટલ' શ્રેણી અંતર્ગત એનાયત થયો હતો. આ એવોર્ડ તાજેતરમાં નવી દિલ્હી ખાતે યોજાયેલા AHPA ગ્લોબલ કોન્ફરન્સ 2019 કાર્યક્રમમાં ડૉ. કિર્તી પટેલ (ડીન) અને નેહા લાલ (સિનિયર જનરલ મેનેજર) દ્વારા સ્વીકારવામાં આવ્યો હતો.



ACADEMICS

Department Of Obstetrics And Gynaecology

Academic activity details of **Dr. Haresh Doshi** (Professor & Head, Department of Obst. & Gynec) January to March 2019

(1.) Selected as Vice President of FOGSI for the year 2019 on 09/01/2019 at Bangaluru.

FOGSI (Federation of obstetrics & gynecological societies of India) is an official national organization of Obgy specialists comprising of 34,000 members all across the country.

(2.) Delivered talk on Instrumental vaginal delivery at AICOG 2019 at Bangalore on 09/01/2019.

(3.) Conducted workshop on Obstetric skills at North Zone Yuva FOGSI conference at Noida, Delhi on 01/02/2019.

(4.) Faculty in developing " Key Practice Points " on 'Over active bladder' at Jaipur on 31/1/2019 sponsored by Alembic pharmaceuticals.



(5.) Delivered talk on Precious tips for practitioners & induction of labour at Anand ObGy society on 15/02/2019 sponsored by Gynnext Division Zydus.

(6.) Faculty in developing " Key Practice Points " on 'Endometriosis' at Mumbai on 19/02/2019

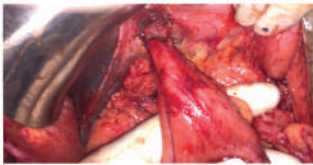
(7.) Conducted PG training course " FORCE 2019 " at GCS medical college on 23rd & 24th February. More than 85 PG students attended. Very popular program amongst PGs & this was 6th consecutive program at GCS medical college.

(8.) Delivered talk on Precious tips for practitioners & induction of labour at Bhavnagar ObGy society on 03/03/2019 sponsored by Gynnext Division Zydus.

(9.) Guest of Honour & Faculty at Yavatmal Ob Gy society, Maharashtra on 24/03/2019

(10.) Faculty at SouthZone Yuva FOGSI conference at Coimbtore on 31/03/2019.

Medical Cases



Whipple's procedure (pancreaticoduodenectomy) for distal cbd cholangiocarcinoma status palliative cholecystojejunostomy.

Dr Rashesh Solanki MS, DNB (Consultant Hepatobiliary, GI and laparoscopic surgeon), Dr. Sandeep Shah MD, DNB (Consultant Gastroenterologist and Endoscopist)

A 52 year old gentleman was diagnosed with obstructive jaundice due to lower end bile duct cholangiocarcinoma (cancer) and was evaluated elsewhere. The surgeon intraoperatively found ascites and he performed palliative cholecystojejunostomy. However, his jaundice was not relieved and he consulted Dr Sandeep Shah who diagnosed that he had cholangitis and hence performed an ERCP and biliary stenting. On repeat CT scan performed 3 months after the index surgery, the lesion was found to be resectable and hence was referred to surgeon (Dr. Rashesh Solanki). In view of good performance status, he was planned for definitive surgery (Whipple's



procedure) after explaining possible risks and unresectability on table.

He was operated successfully and as planned a Whipple's procedure after taking down previous anastomosis and resecting additional jejunum beyond the jejunojejunostomy was performed. He had an uneventful postoperative course and was discharged on 8th postoperative day. Currently, he is on adjuvant chemotherapy.



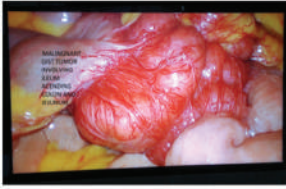
Take home messages are:

1. Cholecystojejunostomy is a poor choice for palliation in the patient with lower bile duct cancer as the tumour can obstruct the cystic duct leading to blockage in the flow of bile and failure to palliate jaundice.
2. Ascites in such patients can be nutritional and therefore peritoneal disease (dissemination) should be proven on table by frozen section.

Achievement : The management congratulates Dr. Rashesh Solanki, Consultant HPB, GI and laparoscopic surgeon at GCSMCH & RC who visited the reputed Asan Medical Centre, Seoul, South Korea as an international scholar for training in minimally invasive (laparoscopic) HPB (liver and pancreas surgery) and Colorectal surgery from 1st March to 30th March. We wish him all the best in applying his skills acquired to benefit patients of our hospital.

Medical Cases

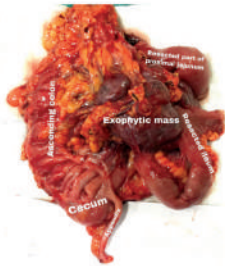
CASE NO. 1



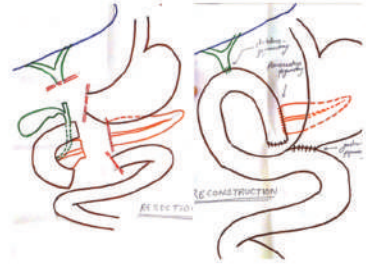
LAPAROSCOPIC VIEW OF GIST

55yr old male Bhemabhai Rathod presented in general surgery opd with complain of pain in right upper abdomen with

black colored stool. On examination palpable lump in right upper abdomen was present. Ultrasonography was inconclusive and CECT abdomen was suggestive of terminal ileal thickening and possibility of malignant etiology. We planned for diagnostic laparoscopy. On laparoscopy examination large mass involving ileocecal junction, part of jejunum and ascending colon with peritoneal seedlings was present. Then laparotomy was done and large tumor was removed by Dr. Manubhai Pipalia and team. Tumor was sent for histopathology examination which later on reveals malignant GIST.

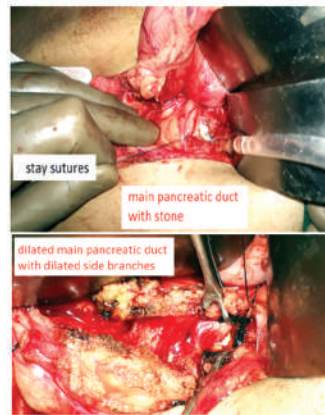


operated for Whipple's procedure by Dr. Manubhai Pipalia and Team successfully. On post of day 5th she was taking liquids orally and post op day 7th soft diet was started.

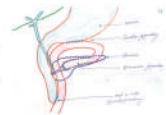
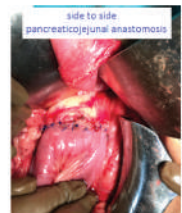


CASE NO. 3

38 yr old female Sumitraben Parmar came to GCSMCH & RC with chief complaint of abdominal pain in epigastric and right hypochondriac region for 1 month associated with occasionally nausea and vomiting.

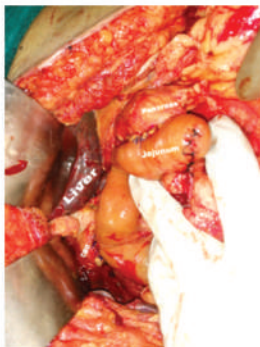


On general examination pallor was present. Per abdomen examination was normal, soft and nontender. Ultrasonography of abdomen show Dilated main pancreatic duct 13 mm with multiple stones largest 10 to 11 mm. MRCP show Dilated and tortuous main pancreatic duct maximum diameter in head 14 mm with dilated side branches. Multiple calculi in pancreatic duct of head and body region. Dr. Manubhai Pipalia And Team Had Done Longitudinal Pancreatico Jejunostomy /modified Puestow/partington And Rochelle Procedure Successfully.



CASE NO. 2

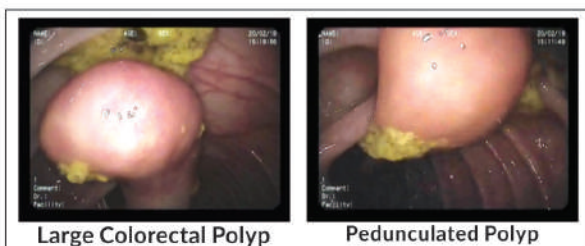
72 Year female Kusumben Limbasiya presented with chief complaint of anorexia and yellowish discoloration of urine and eye for 1 month. On local



examination of abdomen no obvious lump palpable. Ultrasonography and CECT abdomen show periaampullary mass. ERCP guided biopsy was done and periaampullary adenocarcinoma was diagnosed. Then she was



Medical Cases



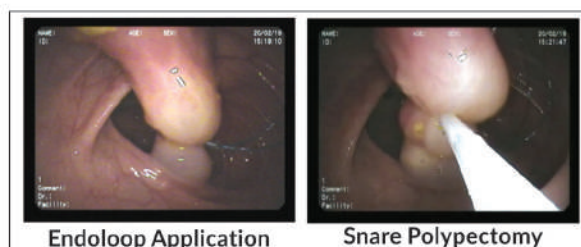
Large Colonic Polyp: Endoscopic Removal can be “a salvage” to major surgery

Introduction: Endoscopic removal of Colorectal polyp is a common procedure. Polyp of more than 3 cm is considered large polyp which are difficult to remove endoscopically and can carry high rate of complications like bleeding or perforation. Large polyp also carries serious risk of colorectal carcinoma within the lesion which eventually would require surgical intervention if not removed completely. Many patients with large colorectal polyps are qualified for surgical intervention.

CASE: A 64 year male patient presented to GCS speciality OPD with prolonged Diarrhoea of 3 weeks which appeared infective in nature to start with initial improvement on antibiotics, however increased frequency and semisolid consistency was persistent favouring secondary lactose intolerance and post infective IBS (Irritable Bowel Syndrome). No h/o any “alarm” features like anorexia, weight loss, GI blood loss or anaemia. Patient improved on probiotics and lactose free diet. Screening Colonoscopy was done which was showing large pedunculated polyp of around 5 cms in Transverse colon. Options of Surgery and Endoscopic removal were explained in detail.

Procedure: Colonoscopy was done under sedation. Large Polyp around 5 cms – Pedunculated with smooth overlying mucosa were identified in

Transverse colon. Endoloop were applied at stalk of the polyp [“Endoloop” is specially made loop of suture like material which on application on polyp can cause compression of vessels which leads to ischemic necrosis and prevents bleeding after polypectomy]. Snare Polypectomy done using blend current. A large visible vessel of around 3-4 mm noted at stalk after polypectomy – although bleeding was not present as endoloop was applied. Hemoslip was applied over visible vessel to prevent delayed bleeding. Histopathology of specimen (5 x 3 cm in size) favours lipomatous polyp without dysplasia.



Discussion: Endoscopic removal of large polyp is challenging but can be attempted in carefully selected patients with accessories like Endoloop and hemoclips to prevent major complications. Endoscopic polypectomy of pedunculated polyp is safe but carries higher risk of perforation and bleeding if polyp is flat. This is a type of benign polyp but certain polyps like serrated or villous adenomatous polyps carries risk of developing malignancy over few years. Screening Colonoscopy can be offered to any individual older than 50 years of age which can lead to early detection of polyps which are amenable to endoscopic removal and prevents development of colorectal carcinoma from such lesion.

Department Of Radiology

Department of Radiodiagnosis, GCS Medical College had conducted academic session on 16/03/2019. In the morning session, 48 resident doctors from different medical colleges in Gujarat had participated paper presentation. 2nd year resident, Dr. Sarita won 2nd best prize in paper presentation. In afternoon session, a workshop on interventions in Musculoskeletal and Breast lesions was conducted. it was conducted by renowned faculties from Delhi and Ahmedabad. Around 120 delegates took part in the workshop.



The entire workshop was conducted under guidance of Dr. Asutosh Dave (Professor & Head), Department of Radiodiagnosis, GCS Medical College.

UPDATES

Department of Anaesthesiology



Dr. Heena Chhanwal was selected to attend a Certified Simulation Course based on Advanced Anaesthesia Techniques like Low flow Anaesthesia, Difficult Airway management, Vital capacity induction and Hemodynamic stability held at DY Patil Medical College, Navi Mumbai on 9th Feb 2019. She is amongst the 13 Anaesthesiologists across the India to attend this course.

Department of Psychology - CME



A CME on "Introduction to Psychoanalysis" On 17th March 2019, by speaker Dr. Maitreya Parikh was organized by Department of Psychiatry at GCS Medical College, Hospital And Research Centre, Ahmedabad. The programme was attended by more than 50 delegates from all around Gujarat. The programme catered deep details of psychoanalysis by the speakers. The programme was chaired by Dr. Hitendra Gandhi and Co-ordinated by Dr. Dharmesh Patel along with Dr. Alpesh Gediya, Dr. Harshil Chauhan and other Resident doctors. Dr. Kirti Patel (Dean) and Dr N.K.Rathod (Medical Superintendent) were presented in the event.

Department of Pediatrics - CME

Department of Paediatric Department had organized Post-Graduate Crash Course in Practical Paediatrics on 3 March 2019. In the event

54 Post Graduate students from different medical colleges of Gujarat had participated. The course was coordinated by Dr. Baldev Prajapati, Professor & Head, Dept. Of Paediatrics, and organized by Dr. Harsh Mod and Dr. Rutvik Parikh.



Dr. Y.K. Amdekar from Mumbai and Dr. Piyush Gupta from Delhi were course faculties while Dr. Bakul Javdekar, Dr. Niranjana Shendurnikar and Dr. Rajal Prajapati were guest faculties in the event.

Dr. Kirti Patel (Dean) GCSMCH & Dr. N.K. Rathod (Medical Superintendent) of GCSMCH &

RC were the guest of honor. The entire session was very thoughtful and appreciated by the participants.

Community Medicine



National Youth Day : The Department of Community Medicine observed the "National Youth Day 2019" at higher secondary school of

Dabhoda (RHTC) focusing on issues of 1. Road Safety and 2) Cell-phone Etiquettes on 10th January 2019. The celebration included health talks, doubt-discussions and pamphlet distribution. The sessions were conducted by Dr. Donald Christian (Asso. Prof.) and Dr. Hardika Khanpara (Asst. Prof.), Ms. Priyanka Dabhi (MSW) and Interns among around 450 school students aged 15-18 years.



National Deworming Day : On occasion of National Deworming Day 2019, an IEC sessions were organised on 8th February 2019 regarding causes of worm infestation, health related problems associated with it, method of deworming & its advantages. The session was organised at Gujarati School No. - 9-10, Asarwa, Ahmedabad by Urban Health Training Centre, Department of



Community Medicine, GCS Medical College. The beneficiaries included around 60 female students of 6th to 8th standard, 9 Anganwadi workers & 20 children enrolled in Anganwadi.

The IEC session was followed by administration of Albendazole syrup & vitamin A supplementation among beneficiaries of Anganwadis. The IEC sessions were taken by Dr. Bhavik Rana (Assistant Professor) & Dr. Rujul Shukla (Assistant



Professor) which was supported by Mrs. Rizwana Mansuri (MSW) from Community Medicine Department, GCS Medical College, Ahmedabad.

IEC session on Deworming was organized on 08/02/2019 at Gujarati School No.- 9-10, Asarwa, Ahmedabad.

Students of class 6th to 8th, Anganwadi worker & helper had participated in it. Total 58 students, 9 Anganwadi worker & helper & 20 Anganwadi children got benefited from the session.

Trustee, Principal & all teachers had appreciated Community Medicine Department staff Dr. Bhavik Rana, Dr. Rujul Shukla, Mrs. Rizwana Mansuri for their efforts for making the programme a success.

COMMUNITY ONCOLOGY CENTRE, VASNA

Training

Training of Doctors & Nurses in Palliative Care: 20 Feb 2019 - 30 Doctors & Nurses had attended 'Hands On' training on Psycho social aspect, nursing issues in hospice patients & Communication Skills, held at COC under NPPC, on 20 Feb 2019. Dr Geeta Joshi, Dr Seema Rao, Psychiatrist & Palliative Physician, from Mumbai & John Haberecht, from Australia delivered lectures on relevant topics.



"Hamrahi" Project: 13 Feb to 27 Feb and 10 Mar to 21 March

Four nurses from Australia Visited Hospice. Australia Palliative Link International (APLI) supports the posting of these Nurses in India under Project "Hamrahi". They trained our nurses for nursing care of hospice patients.

M Sc Nursing students' training in Cancer & Palliative Care: 25 Feb to 09 Mar 2019

Seven M Sc Nursing students from IKDRC College of nursing, Ahmedabad were posted at Hospice for "Hands On" training in Cancer & Palliative Care for two weeks.

Services

Indian Institute of Public Health - IIPH has started a project on '**Prevalence of Human Papilloma Virus**' in urban women. For this project, the institute has selected COC as a center for HPV screening . They have also included screening of these women for breast cancer. Approx. 300 women are screened for HPV infection & breast cancer at COC. Target is to screen 1000 women, till Sept 2019.

Motivational Programme on 'Necessity of Health check up in today`s life' & on cancer awareness was held at COC on 13 Feb & 14 Feb 2019. Approx. 150 retired SBS officers actively participated in the programme.

Events



Bhagwat Saptah Gyan Yagna : 7 Jan To 13 Jan 2019 -As a part of cancer awareness this week was celebrated at COC. Mrs Mandakiniben Vyas was "Kathakar". Donation received during this week, will be used for treatment of cancer patients. Free mammography & PAP test were done for women who registered during this 'Gyan Saptah'.



Motivational & Meditation Seminar: 31 Jan 2019

40 hospice patients & staff attended seminar on "Importance of Yoga & Meditation in our Life" held by 'Samaj Suraksha Foundation'. Rakshaben Mehta explained various techniques of meditation in seminar.



Patang Mahotsav: 12 Jan 2019

Approx. 100 cancer survivor children took part in 'Kite Festival' held at COC. GCS trustees & well wishers remained present. Kites & other accessories for children were sponsored by "Heart Foundation".

Drawing Competition: 11 Feb 2019

On occasion of 'World Cancer Day,' 80 school students took part in Drawing Competition arranged at COC on the topic of 'I can & I will'. Dr Dinesh shah – Physician, Shri Amitbhai Shah – Drawing Artist & Roopaben Shah – Director, Childhood Cancer, Lions Club International, were judges of the event.

Music & Dance Programme: 12 Mar 2019

Retired staff of State Bank of Saurashtra, Mrs Smita Pandya & Bipin Pandya, won hearts of hospice patients & staff by a dance programme on Old Filmy Songs.

Staff Achievements

Mrs Darshanaben Butala presented GCS activities in seminar on 'Cancer awareness' organized by 'Saksham -Centre for Education in Social Sector, at Mumbai on 1-3 Feb, 2019. Approximate 20 NGOs from all over India participated in this seminar.

Inaugurated New Building Of The Gujarat Cancer & Research Institute



Prime Minister Shri Narendrabhai Modi had inaugurated New Building of the Gujarat Cancer & Research Institute under Medicity Amdavad on March 4, 2019. They also visited 3T MRI and Digital Mammography with tomosynthesis at Radiodiagnosis Department.



Department Of Palliative Medicine

Department has received approval to start a new course "MD in Palliative Medicine" by Medical council of India.



Dr. Priti Sanghavi was invited at international conference of Palliative

medicine held at Kochi as team leader for quality control project by Stanford medical university and Tata Trust.

Indian Association of Palliative Care (IAPC) - Part A training was organized and exam was conducted on 5th January 2019. 25 participants received the training.

candidates completed IAPC - part B hands on training during this period.

National Program for Palliative Care (NPPC) training for doctors and nurses from different government hospitals was conducted on 18-20 February 2019.



Hospital Week Celebrations

The Hospital Week was celebrated from February 4-9, 2019 with a festive and jubilant mood. The Cultural Programme "Volcano-2019" was organized at B. J. Medical College Hall on 7th February 2019. Dr. Pranay Shah, Dean B. J. Medical College was the Chief Guest of the event. GCRI Medical, Paramedical, Nursing and Admin staff actively participated in the event.



Medical Oncology Department

Chemotherapy Training workshop for ESIC Doctors on 10th January 2019 at Telemedicine Centre, GCRI.

A CME was organized by Cadila Pharmaceutical Ltd. on 8th March 2019 at Telemedicine Centre, GCRI. Dr. Amitbhai Verma, R & D Cadila was the speaker in the CME.



Dr. Amol Kotalwar - 2nd year Resident got 1st prize in quiz competition in the RGCON Delhi.

Dr. Mukesh Ratanaram - 3rd year Resident got 2nd prize in quiz competition in the RGCON Delhi.



Congratulations



Dr. Manali Shah (Sr. Physiotherapist) has become certified Lymphedema Therapist from LANA (Lymphedema Association of North America) from ACOLS (Academy of Lymphatic Society), USA during the period from 8th to 16th December 2018 in Mumbai.

Employee of the Months



Mr. Jayesh Solanki, Statistical Assistant was declared as an Employee of The month for January 2019.



Mr. Mahendra Patel, Jr. Clerk was declared as an Employee of The month for February 2019.

Hospital Day Function



Hospital Day function was organized on 9th February 2019. Shri Pankajbhai R. Patel, Executive Chairman of GCRI was the Chief Guest of the event. The main events were scientific awards, orations and felicitations in the field of Cancer Research and GCRI Luminary Oration.

Dr. T. B. Patel Oration Award conferred to Dr. Sanjay Gambhir, Professor & Head of Nuclear Medicine Department, SGPPI, Lucknow.

Shri Ramniklal J. Kinarivala Cancer Research Award conferred to Dr. Subhash Chauhan, Professor, Department of Pharmaceutical Sciences, College of Pharmacy and Cancer Research Center, University of Tennessee Health Science Center, USA.

Shri Madanmohan Ramanlal GCRI Luminary Oration Award conferred to Dr. Shreedevi Patel, Former Chief of Radiodiagnosis Department, GCRI.

Vimala Agrawal Trophy for Maximum Publications of Clinical Department was shared between Gynaecological Oncology and Anaesthesiology.

Vibha Mehta Trophy for Maximum Publications of Research Wing awarded to Immunohematology Lab.

Dr. T. B. Patel Young Research Scientist Award - Clinical for presenting a research paper

Gold medal: Dr. Vinodkumar Dalal, Gynaec | Silver Medal: Dr. Rekha Solanki, Anaesthesia

Bronze Medal: Dr. Sonal Shrivastava Garg, Gynaec

Dr. T. B. Patel Young Research Scientist Award - Research for presenting a research paper

Gold Medal: Ms. Kruti Mehta | Silver Medal: Mr. Hitarth Patel | Bronze Medal: Ms. Darshita Patel

Cytogenetics Laboratory, Cancer Biology Department



Ms. Nehal Patel, Junior Research Fellow, Cytogenetics Lab, Cancer Biology Department, was awarded for 1st prize for Oral Presentation at The Cell 3MT (2019) seminar Transforming Biological Research organized by K. K. Shastri Educational Campus, Ahmedabad on January 12, 2019

Ms. Dhara Ladani, Junior Research Fellow, Cytogenetics Lab, Cancer Biology Department, was awarded for 3rd prize for Oral Presentation at The Cell 3MT (2019) seminar Transforming Biological Research organized by K. K. Shastri Educational Campus, Ahmedabad on January 12, 2019.



Ms. Mahnazbegam Kazi, Junior Research Assistant, Cytogenetics Lab, Cancer Biology Department, was awarded for Best Oral Presentation at National Seminar on Translational Research in Cancer Biology organized by Charotar University of Science and Technology, Changa in association with GSBTM during February 1-2, 2019.



Dr. Dharmesh Patel, Research Assistant, Cytogenetics Lab, Cancer Biology Department, was awarded for Shri R. H. Jaju Award for "Best Oral Presentation" during the "38th Annual Convention of Indian Association for Cancer Research" organized by PGIMER, Chandigarh during March 1-3, 2019.

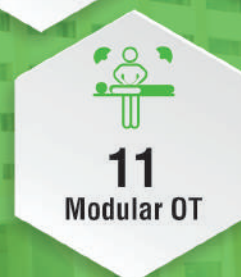


Ms. Darshita Patel, Junior Research Assistant, Cytogenetics Lab, Cancer Biology Department, was awarded for Dr. V. B. Kamat Award for "Best Oral Presentation" at the "38th Annual Convention of Indian Association for Cancer Research" organized by PGIMER, Chandigarh during March 1-3, 2019.

A ONE-STOP DESTINATION
FOR ALL YOUR
HEALTHCARE NEEDS



**GCS Medical College,
Hospital & Research Centre**



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

**GCS Hospital is
empanelled with Govt. Health Schemes
like Ayushman Bharat, MA Yojana, ESI &
majority of Corporate PSU, Private
Sector, MSME & Insurance / TPA
Companies etc.**

GCS Medical College, Hospital & Research Centre

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