

GCSMCH News Letter

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July-September 2019



GCS Medical College, Hospital & Research Centre

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EDITOR'S DESK

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We hear your feedback at communications@gcsmc.org

Donation



GCSMCH & RC has received donation of Rs. 25,00,000/- from then Governor of Gujarat Shri O P Kohliji, to purchase medical equipment as a part of Governor's Social service. GCSMCH & RC trustees & Management express gratitude for this noble cause.

All Donations are exempted from Income Tax u/s 35(1)(ii)(150%) & 80G(50%). Donations in Foreign Currencies accepted; approval vide Reg. No.: 041910257 dated 22-03-2001.

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From Chief Editor's Desk

Dear Readers,

It is with great pride and excitement to share few new accomplishments at this organization. Glade to inform that the Hon'ble Governor Shri of Gujarat Shri Acharya Devvratji and GCS chairman - Mr. Pankajbhai Patel had inaugurated the



Cardiology & Cathlab Unit. This facility will put GCSMCH & RC in the list of top multi-specialty hospitals of Gujarat.

In the last quarter, lots of new happenings took place across the organization. Few major noteworthy points of the quarter are as under.

- **HR Best Practices 2019** : GCSMCH & RC is featured in Dun & Bradstreet's prestigious and iconic publication "HR Best Practices 2019".
- **Increased of patients to avail treatment** : On 19 August total 2058 patients were consulted in OPD. It is highest patient/day in current year till date.
- **PG in ENT and Emergency Medicine** : MCI has granted permission to start PG in ENT & Emergency Medicine.
- **Commencement of DNB** : DNB (Diploma of National Board) program is started in the 8 Super Specialty branches. At present 23 faculties are enrolled in this program.
- **Commencement of MBBS batch 2019** : Students of MBBS Batch year 2019 were welcome by GCSMCH & RC professors and management. New students underwent a foundation course as per new curriculum.

Apart from that, events like **Gynecology conference, Breast Feeding Week Seminar, World Doctors Day, Nutrition Week** etc. were organized. **Governing Council Meeting & Annual General Meeting** of Gujarat Cancer Society was also held. Management & Dignitaries had appreciated the efforts made by GCSMCH Doctors and Staff for patient care.

Wishing you Season's greetings in advance.

Neha Lal
Chief Editor

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SIGNIFICANT UPDATES

ANNUAL GENERAL MEETING



58th Governing Council Meeting & Annual General Meeting of Gujarat Cancer Society was organized on 30 September 2019 at GCS Hospital Seminar Hall. The Hon'ble Governor Shri of Gujarat Shri Acharya Devvrat, Shri Pankajbhai R. Patel (Executive Chairman & VP- GCS), Dr. Pankajbhai Shah (VP-GCS), Shri Prashant Kinarivala (General Secretary-GCS), Shri Kshitish Madanmohan (Secretary-GCS), Dr. Shashank Pandya (Incharge-Director GCRI), Dr. Kirtibhai M. Patel (Director- GCSMCH & RC), invited guests and other staff members were presented in the meeting.

A warm welcome extended by Ms. Neha Lal (Sr. GM-Ops

& HR) to all Dignitaries, Donors & respective members of the GCS, GCRI & GCS Medical College & Hospital. Shri Pankajbhai Patel addressed all with his visionary speech on GCS journey and motivated all members. Shri Prashant Kinarivala addressed the Governing Council & Annual General Meeting in presence of all Members with the details progress report of GCS. The Meeting concluded with blessed speech of the Hon'ble Governor Shri of Gujarat Shri Acharya Devvrat, who had expressed his concern about growing number of cancer patients in the society. The meeting was followed by Vote of Thanks from Dr. Kirti M. Patel.

CATH LAB - CARDIAC UNIT INAUGURATION



It is matter of pride for GCSMCH & RC that the Hon'ble Governor Shri of Gujarat Shri Acharya Devvratji and Mr. Pankaj Patel (Chirman, Zydus Cadila Limited and Executive Chairman, GCS & GCRI) had inaugurated the Cardiology Unit. Cardiology unit is equipped with Intensive Cardiac Care Unit, Cathlab, CTOT, Recovery, Pharmacy, Echo, TMT & ECG Room. Governor shri had visited the cardiology unit, got information about various equipments, services and medical facilities in hospital.

EMPLOYEE CORNER

HR Best Practice - 2019

GCS Medical College, Hospital & Research Centre has been featured in **Dun & Bradstreet's** prestigious and iconic publication "**HR Best Practices 2019**".

Every year Dun & Bradstreet Corporation (D&B) conducts research on HR practices of various organization. Out of rigorous analysis, best HR practices gets published in the form of report "HR Best Practices".

Regarding HR Best Practices 2019, GCSMCH & RC's HR Practices, Strategies, Initiatives and Functions related to **1) Training & Development, 2) Performance Management, 3) Employee Engagement & 4) Retention** have been selected by D&B research team and published in the report.

Also it is matter of proud that, GCSMCH & RC is the only hospital, which has got place along with other reputed corporate organizations of India and its HR practices have been considered for "HR Best Practices 2019."

Benefits to employees under employee welfare schemes

Various Employee welfare schemes undertaken by the Gujarat Labour Welfare Board are applicable to GCSMCH & RC employee. In last 3 years, total 47 employees, who were eligible as per criteria to avail schemes had received such monitory benefit (Total Rs. 277000 /-) under different schemes.

Educational Award Scheme (For employee's child - 10th Std - Rs. 2500/-, For 12th Std - Rs. 5000/-)

Alkesh Rana	Jasmin Seth	Parul Vasaikar	Renuka Rajwadi
Alpesh Priyadarshi	Jerusha J. Christian	Poojaram Sharma	Ribeca Christian
Dr. Rakesh Patel	Joy Christian	Prakash Patni	Selina P. Macwan
Heena H. Rathod	Manharsinh Bhati	Rajesh Parmar	Urvashi Vyas

Maternity Aid- Benefit and Beti Bachao Scheme (For Baby Girl - Rs.7500/-, For Baby boy - Rs. 5000/-)

Amit Chauhan	Dipa Patel	Mandakini Prajapati	Rina K. Makwana
Anita G. Pandya	Dipika V. Sohaliya	Minakshi P. Chavda	Shirali R. Patel
Asha D Vaghela	Jenish Christian	Nanda V. Shastri	Sunil Patel
Bhaskar B. Parmar	Jenny Christian	Punam Patel	Sunita Prajapati
Darshini Prajapati	Juhi Macwan	Rahul Bhandra	Urmila A Prajapati
Dhara Shrimali	Kinjal S. Khandavi	Reena Darji	

Female Shramyogi Marriage Benefit Scheme (Rs. 11000/- per employee)

Ankita Solanki	Gita Solanki	Kinjal Patel
Falguna Parmar	Hetal Panchal	Priyanka Patel

Employee Achievements

GCSMCH & RC always encourage employees to study & grow further. Following employees have completed their Post Graduation Diploma along with professional commitment.

Ms. Ankita Macwan - Post Graduate Diploma in Hospital Management
(BK School of Management, Gujarat University)

Ms. Ribeca Christian - Post Graduate Diploma in Human Resource Management
(BK School of Management, Gujarat University)

Mr. Rahil Panchal - Diploma in Healthcare Hospital Management
(Ahmedabad Management Association & SAN Bernardino California State University)

Management congratulate employees and wishing best for their professional as well as personal development.

EMPLOYEE CORNER

EVENTS

National Nutrition Week is marked worldwide every year in the first week of September. Keeping the same in view, the Department of Dietetics organized a talk on "Importance of Nutrition" for all employees. The main focus of the talk was to bust a few myths related to our diet and to throw light on importance of taking a balanced diet rather a filling diet.

Today lots of diet trends are prevailing in the market such as Keto Diet, Atkins Diet, Fruit Diet, Mediterranean diet etc. But not all are safe to follow. Just following the trends blindly often ends up in causing some or the other damage to the body.



To avoid falling prey to such traps we all need to be nutritionally educated so we can differentiate between good or bad food & diet trends.

Dt. Gurpreet Saini explained about the various types of nutrients present, their importance and how to choose wisely between the food items in our day to day life. Various topics such as anemia, balanced meal, maternal nutrition and child health, obesity, diabetes were covered in the session. In the end employees had asked their doubts and got insights regarding healthy diet as well as food habits.

THANK YOU
DOCTORS
FOR KEEPING US HEALTHY AND WELL.

Doctors' Day was celebrated on 1 July 2019 in GCSMCH & RC by all staff. Employees had greeted all doctors & medical students with greetings and chocolates to mark the Doctors' day. It is observed to honour physician and West Bengal's former Chief Minister Dr. Bidhan Chandra Roy. Doctors' Day is celebrated to raise awareness about the importance of doctors and the crucial role they play in our day to day lives.

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World Breastfeeding Week-2019 was celebrated at GCSMCH & RC, from 1 August 2019 to 7 August 2019 by the Department of Pediatrics with active support from the Department of Nursing. The theme for the celebration for the year 2019 was "Empower parents, enable breastfeeding- Now and for the future!" Various events were organised to promote and protect breastfeeding and to raise the awareness about breastfeeding like Interactive session with nurses and female employees of the GCS Hospital, Poster exhibition and competition, Role



World
breastfeeding
week
1-7 August

play and Quiz competition for the nursing staff and students, Essay competition for the Nursing staff members, Talk on "Recent advances in breastfeeding" by Dr. Prarthana Kharod Patel (Assistant Professor, Paediatrics) and elocution competition for the postgraduate students from the departments of Pediatrics, Obstetrics & Gynecology and Community Medicine. Various events were graced by Dr. Kirti M. Patel (Director), Dr. Yogendra Modi (Dean), Dr. N. K. Rathod (Medical Superintendent) and senior faculty members.

UPDATES

New Joinees - Welcome to GCSMCH & RC



Cardiology

Chaitanya Joshi
Twinkal Gaudani

Dialysis

Komal Christian

Laboratory

Puja Patel

Medical Administration-H

Riddhi Panchal

Microbiology

Ranjita Yadav
Chandresh Chauhan

Nursing

Jayesh Rabari
Sloan Christian
Avnika Vankar
Binal Patel
Dharmishtha Makvana
Dipika Vaghela
Harnisha Patel
Hemangi Patel
Hetal Parikh
Janvi Darji
Jurleen Christian
Kashmira Siala
Ketu Patel
Khushbu Patel

Kinjal Bhisikar

Krima Patel
Leeza Christian
Mahima Patel
Marshalin Deepak
Namrata Christian
Namrata Parmar
Nayna Damor
Nilam Patel
Nisha Makawana
Pankti Patel
Praizy Christian
Priyanka Solanki
Ramesh Parmar
Rashmika Pandya

Roshani Patni

Roshni Parmar
Sonal Balas
Sonalika Vaghela
Sweety Suthar
Unnati Shah
Vidhi Patel
Vruddhi Patel
Vrunda Gandhi
Zalak Master

Pharmacy

Jalpa Jepar
Komal Bachani
Komal Gajjar

Samvad Q2- Employee Engagement

Samvad Q2 event was organized by HR department on 26 July 2019. Total 180 participants including Employees & Doctors had attended the event. The program was consist of Organization's general rules & information, Hospital Data, Patient Service Guidelines, Video on "How to handle angry Patient/Visitor", Quiz & other recreational program. Further to that, Neha Lal (Sr. Gen Manager - Operations & HR) & Dr. Kirti M Patel (Director), described EMPATHY as an essential quality for healthcare professional and emphasized to add in day to day interaction and service to patients & visitors. All the participants had enjoyed the event and expressed their commitment to perform better for the organization.

Following Doctors and staff were appreciated for their significant contribution in their duty during April - June - 2019. Congratulation to all.

April

Dr. Jyotish Patel
Dr. Kautilya Mahida
Dr. Mayur Kalariya
Mahendra Parmar
Ami Panchal
Anita Bhoras
Arti Parmar
Bhargavi Patel
Falguna Parmar
Falguni Acharya
Jenish Christian
Kinjal Solanki
Neha Suvartik
Nisha Parmar
Parita Rathva
Pooja Pasi
Puja Patel

Ramila Damor

Rozi Macwan
Saroj Damor
Shilpa Patel

May

Bhoomi Patel
Dharmishtha Yadav
Hiloni Joshiyara
Kinjal Patani
Nikita Parmar
Priyanka Patel
Sheril Christian
Shushma Bhoje
Shweta Solanki
Sweety Shrivastav

June

Dr. Harita Anand
Dr. Sandeep Johari
Arti Parmar
Bhoomi Patel
Brijal Patel
Daksha Macwan
Dharmishtha Yadav
Happy Dalwadi
Himali Parmar
Kinjal Macwan
Maulika Patel
Nalini Christian
Namrata Mathuriya
Nisha Parmar
Pinal Vasava
Priyanka Patel
Shushma Bhoje

Other Employees

Sunil Patel
Chandrika Patel
Shraddha Belani

Outsourced Staff

Vinod M. Parmar
Jimmy Christian
Hitesh Solanki
Amit Sathe
Mahesh Parmar
Bhavesh Jadav
Anil Chamar
Madhuben



PHARMACOVIGILANCE CORNER

SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC :
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No.	Casual Medicine	Indication for use	Adverse event (Reporting Department)
1	Inj Buscopan	Ac Gastroenteritis	Itching over face & left arm (Medicine)
2	MR Vaccine	Prophylaxis	High fever, Swelling over Rt arm, rashes on face and trunk, diarrhea (PICU)
3	Inj Orofer FCM (Ferric carboxymaltose)	Iron deficiency anemia	Itching and rashes all over body (medicine)
4	Tab Banoy Plus (Ivermectin+Alnedazole) & Inj Zylpan (Pantoprazole)	Anemia	Nausea, Vomiting, Itching, Piloerection (Medicine)
5	Inj Carboplatin	CA-Ovary	Fall, Syncope (Oncology)
6	Docetaxel	CA-Breast	Nervousness, anxiety, tachycardia, Itching (Oncology)
7	Inj Metronidazole	Ac Appendicitis (Pre-op)	Fever, nervousness, redness all over (Surgery)
8	Docetaxel	CA-Breast	Nervousness, Anxiety (Oncology)
9	Inj Diclofenac	Bil OA-Knee	Redness at injection site (Orthopedics)
10	Inj Augmentin + Inj Diclofenac	Post-operative (Hemorrhoidectomy & Fistulectomy)	Itching, Rash all over body, Swelling lip, breathlessness (Recovery Room)
11	Paclitaxel	CA-Buccal mucosa	Nervousness, Anxiety (Oncology)
12	Oxaliplatin	CA-Colon	Nervousness, Redness, Itching all over (Oncology)
13	DPT	Prophylaxis	Fever (Pediatrics)
14	Inj Orofer FCM	Iron deficiency anemia	Itching all over, wheal formation (Medicine)
15	Docetaxel	CA-Breast	Inervousness, redness over face, Slight difficulty in breathing (Oncology)
16	Docetaxel	CA-Buccal Mucosa	Rashes, Itching, Nervousness (Oncology)
17	Blood transfusion	Pseudocyst Pancreas	Chest pain, nervousness, sweating (Sugery)
18	Inj Vancomycin	Pneumonia	Rashes, Itching over forehead and behind ears (PICU)

To report an ADR, please contact: Dr. Vipul Chaudhari (9825444336),
Dr. Sumit Patel (9824223626) or Pharmacology Department (8499)

We remain thankful to all the reporting Departments for their kind cooperation

MARKETING INITIATIVES

Blood Donation & Health Check Up Camps



Health Check Up Camps

No.	Date	Area	Speciality	No. of Beneficiaries
1	10/07/19	Naroda	Medi-Skin	66
2	11/07/19	Gomtipur	Medi-Ortho-Paed-ENT	232
3	16/07/19	Baherampura	Medi-Ortho-Paed-ENT	339
4	23/07/19	Lambha	Medi-Ortho-Paed-ENT	141
5	27/07/19	Vatva	Medi-Ortho-Paed-ENT	232
6	28/07/19	Matar	Gynec	5
7	29/07/19	Gomtipur	Medi-Ortho-Paed-ENT	227
8	31/07/19	Devdi	Psychiatric	26
9	01/08/19	Chandrala	Onco-Uro-Ortho-Sur-ENT-Ophthal	95
10	05/08/19	Bapunagar	Medi-Skin	180
11	08/08/19	Baherampura	Medi-Ortho-Paed	278
12	10/08/19	Bapunagar	Medi-Ortho-Paed	50

13	20/08/19	Saraspur	Medi-Ortho-Paed	150
14	28/08/19	Devdi	Psychiatric	23
15	29/08/19	Isanpur	Medi-Ortho-Paed	127
16	03/09/19	Talod	Onco-Uro-Ortho-Sur-Medi-Ophthal	102
17	12/09/19	Vatva	Medi-Ortho-Paed	235
18	17/09/19	Juhapura	Medi-Ortho-Paed	102
19	19/09/19	Nobalnagar	Medi-Ortho-Paed	286
20	22/09/19	Matar	Gynec	9
21	25/09/19	Devdi	Psychiatric	22

Blood Donation Camps

No.	Date	Area	Unit
1	16/07/2019	Bapunagar	110
2	18/08/2019	Naroda	26
3	29/09/2019	Devdi	87

Presence in Social Media



UPDATES

Community Medicine

The Community Medicine Department, GCHMCH & RC, Ahmedabad had organized various activities during National Nutrition Week 2019 at both the field practice areas of Urban Health Training Center- Saijpur and Rural Health Training Center- Dabhoda.

Day 1 : Activities on 3 September 2019:- "Health education session" was undertaken among the females residing at



the field practice area of Urban Health Training Center (UHTC), Saijpur followed by assessment of complementary feeding practices prevalent among eligible females. At the end of the session, various nutritive food items were distributed to all the antenatal mothers registered at Aanganwadis, as a part of "Suposhan Samvad" -an initiative of ICDS program.



Day 2 : Activities on 4 September, 2019 : "Capacity building" of link workers of UHTC Saijpur was carried out for improving their knowledge and practices in context to nutrition for the benefit of urban slum community. All the link workers had participated enthusiastically.

Day 3 : Activities on 5 September 2019

"Nutritious Food Cooking Competition" was held among females residing in the vicinity of RHTC, Dabhoda. Out of



fifteen recipes prepared by participants, three most nutritive food items were judged by the dietician of GCSMCH & RC and winners were awarded with prizes. Also an educational session on Infant and Young Child Feeding

was conducted for the mothers of child age below five.

"Healthy Baby competition" was organized among children up to 5 years age registered under various Anganwadis of Naroda area of Ahmedabad under the aegis of UHTC, Saijpur. In first phase, faculties of Community Medicine Department have scrutinized healthy children from all three categories (as per age) viz. < 1 year, 1-2 year and 2-5 years



based on predefined physical and mental health related criteria. In phase 2, healthiest babies from all three categories were

identified by the paediatrician from GCSMCH & RC and top three healthiest babies were rewarded with the prizes. Gifts were also distributed among all the participants registered for the competition. A photo booth area was

prepared, where all Anganwadi workers and their beneficiaries had taken photographs.

Day 4 : Activities on 6 September, 2019 :

"Focused Group Discussion" on the topic of nutrition was conducted among Antenatal women



attending Obstetric and Gynecology OPD at GCSMCH & RC by the faculties of Community Medicine Department, GCSMCH & RC.

Day 5 : Activities on 7 September, 2019 : "Drum stick tree Plantation": On last day of



Nutrition week 2019, total 25 Drumstick trees were planted at the ground of Naroda Gujarati school no.1, by faculties of Community Medicine Department in collaboration with Ahmedabad Municipal Corporation. Nutritive importance of drumstick was explained to all the students. Each

student had adopted one plant and took responsibility for its maintenance.



ACADEMIC

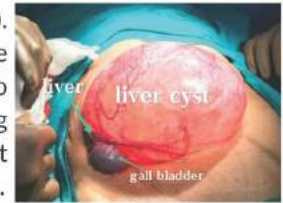
Department of Medicine



A 70 year old patient came to hospital with chief complaint of pain and swelling over right upper abdomen for the past six months. Patient was anemic and per abdomen revealed a 15x10 cm lump in right upper quadrant and extending upto right lumbar, epigastrium and umbilicus. All blood investigations were normal. MRCP revealed a large well defined 188x152 mm cystic lesion involving hepatobiliary tree s/o

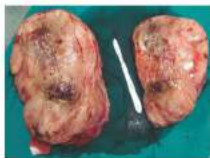


choledochal cyst (grade IV a). However, upon opening the abdomen, the cyst was found to be a large hepatic cyst involving both the lobes of liver and not involving the hepatobiliary tree.



Cyst enucleation was attempted successfully by Dr. Manubhai Pipalia and team. The cyst along with the gall bladder was sent for histopathology examination which revealed it to be simple hepatic cyst with chronic cholecystitis.

Department of Surgery



A 32 year old patient was admitted with complains of large abdominal lump for 8 months, dull generalised abdominal pain, underwent full investigation & found to have large retroperitoneal tumour. the patient was operated for same, exploratory laparotomy performed and whole

tumour excised en mass by Dr. Shashank Desai, Dr. Jaimish Gajjar, Dr. Ankit Bagdai and team. The size was about 24x20x12 cm & weighing approx 3.5 kg. Histopathology reported as well differentiated myxoid variety of liposarcoma, rare soft tissue sarcoma.



A Surgical Knot practice and hands-on session organized by Department of General Surgery under guidance of Dr. Shashank Desai for all surgical resident doctors on 23 July 2019. The session was sponsored by Medtronic India.

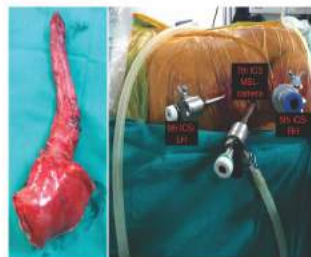
Thoracoscopic esophagectomy in salvage setting: misplaced nihilism?

Dr. Rashesh Solanki, Sr. Consultant, Department of Surgical Gastroenterology

Introduction: Esophagectomy in salvage setting (i.e for persistence or residual disease after definitive chemoradiation) is historically associated with worse outcomes.

We are presenting a case of thoracoscopic esophagectomy in salvage setting one year after definitive chemoradiation.

Clinical Presentation : A 46 year old patient was seen in surgical gastroenterology OPD with symptoms of progressive dysphagia and weight loss. He was a diagnosed case of lower third squamous cell carcinoma who underwent definitive chemoradiation (dCRT) 60 Gy one year back. Following dCRT, he had an improvement in dysphagia and chose not to undergo surgery. However, one year later, he had recurrent progressive dysphagia and was evaluated with Upper GI endoscopy. The same revealed a mass lesion in the lower esophagus, and it was proved squamous cell carcinoma. He underwent staging with PET CT which did not reveal



any dissemination. In view of his young age, absence of comorbidities and good performance status, he was planned for thoracoscopic esophagectomy after cardiopulmonary risk assessment.

Operative findings : The throacoscopic esophageal mobilization was challenging in view of bulky disease. It was involving both crura and left pleura was involved. Following esophageal mobilization, laparotomy was performed to prepare stomach conduit based on right gastroepiploic artery. Finally a neck incision was given and esophagogastric anastomosis in the neck was performed. The blood loss was 300 ml and surgery lasted for six and half hours.

Postoperative course:

The patient has an uneventful postoperative course and was discharged on postoperative day 8. It was an R0 resection , T3N0 (0/12 nodes) with a CRM of 3.5 cm. He is currently on adjuvant chemotherapy.

Conclusion : Although conventionally associated with nihilism, due to poorer outcomes compared to routine esophagectomy, salvage esophagectomy in select patients can lead to favorable outcomes.

ACADEMIC

Department of Orthopaedics

Bilateral Total Knee Joint Replacement

Dr. Jyotish Patel (HOD-Department of Orthopaedics) and his team had operated upon a 69 year old patient with complain of both knee pain and low back pain from last 10 years. Also the patient had 20 degree VARUS and 10 degree FFD.



The patient was not able to walk without walker. The patient was operated for Total Knee Joint Replacement under MAA yojana. After surgery deformity was removed and was able to walk with support on next day and without support after 3 week.

Department of Anaesthesiology



Department of Anaesthesia feels proud to announce that GCS Medical College, Hospital & Research Centre has been selected as

Comprehensive

Resuscitation Training Center by Indian Resuscitation Council in association with Indian Society Of Anaesthesiology. On bases of this, Department of Anaesthesia conducted basic cardiopulmonary life support CME / workshop accredited with IRC



and ISA. The workshop included lectures, discussions, question answer sessions and practical demonstration by hands on training with various

inputs from Dr. Rashesh Diwan, Dr. Heena Chhanwal, Dr. Asmita Chaudhary, Dr. Rekha Solanki, Dr. Ankita Patel, Dr. Deepa Jadav and Dr. Reema Wadhawa. All the trainees were assessed post training and accredited with registered IRC/ISA certificates.



Academic Session CPC (Clinical Pathological Correlation) discussion was held on 17 July, 2019 at the Seminar Hall in GCSMCH & RC. Case of Anaesthetic management of high risk patient with fracture of femur neck. A case was discussed by Dr.

Monika Shah (SR Anaesthesia), Dr. Bipin Shah (Associate Professor Anaesthesia), Dr. Heena Chhanwal (Professor & HOD, Department of Anaesthesiology). Pathological



discussion was moderated Dr. Sneha Babaria (AP Pathology) and Dr. Anupama Dayal (Associate Professor Pathology).

The CPC highlighted how USG guided lumbar plexus and sciatic nerve block made the bipolar hemiarthroplasty possible in very sick senile and challenging patient in view of cardio-respiratory system.

Department of Anaesthesiology conducted **CME and workshop on Perioperative Ventilatory Strategy** on 4 Aug 2019 at



GCSMCH & RC. Delegates across the Gujarat participated and showered with immense knowledge of very well known faculties Dr. Rashesh Diwan, Dr. Apex Patwa, Dr. Amit Shah and Dr. Hetal Shah about various techniques and modes of ventilation and much more. Participants were awarded

certificates with GMC credit hours.



Dr. Shashank Desai, Dr. Heena Chhanwal, Dr. Rakesh Patel and Mrs. Sonal Prajapati conducted a joint session on **WHO SAFETY CHECKLIST GUIDELINES** on 22 August 2019. The session covered importance of checklist and criteria. Also basic problems faced by OT staff were discussed. Consultant doctors, Resident doctors and nursing staff had attended the session and discussed the importance of checklist implementation, documentation and communication.

ACADEMIC

Department of Pathology



Department of Pathology successfully organized State level CME at GCSMCH & RC on 22 Sept, 2019. Total 273 delegates attended CME. Dr. Dhaval Joshi Senior Pathologist from Australia was Guest Speaker. Dr.S.K.Suri, Dr. Deepak Joshi, & Dr. Sadhana Kothari received lifetime achievement awards for their academic & professional contribution in the field of pathology.

Team consist of Dr. Himil Parikh (Resident Doctor, Pathology), Dr. Khushbu Padhiyar (Resident Doctor, Pathology) & Dr. Nirav Patel (Resident Doctor, Medicine) participated behalf of GCSMCH & RC in state-level Indian Society of Hematology & Blood Transfusion (ISHBT) quiz held at Ahmedabad on 21 August 2019 and stood 3rd at the West Zone (Zonal level) ISHBT quiz held at PD Hinduja Hospital, Mumbai.



Welcome Ceremony to MBBS students of 2019 Batch

MBBS Students of year 2019 were greeted with warm welcome by GCSMCH & RC professors and management.



The new batch of MBBS students had their induction function on 8 August 2019 which was attended by all the staff members and addressed

by Dean Dr. Yogendra Modi, Director Dr. Kirti Patel, General Secretary GCS Shri Prashant Kirnariwala and chief guest Padmashri Dr. Pankaj Shah. After the speeches, students took oath to uphold the ethics and sanctity of the medical profession following which six toppers from the batch were awarded with textbooks sets. As mandated by the new medical curriculum, the students underwent a foundation course with the objective to sensitize the learners with essential knowledge and skills which will



lay a sound foundation for their pursuit of knowledge during MBBS and in later practice life. The foundation course helped to orient the students at their entry level to acclimatize to campus environment, familiarize with teaching program. At GCSMCH & RC we had a structured foundation course involving interactive lectures on



various healthcare topics including the MBBS program, alternative healthcare systems, work ethics, history of medicine, psychological aspects, legal aspects, financial aspects, personality and development.

There were also planned visits to UHTC to show the community problems and expectations. In the hospital they visited the wards, ICU, OT, Physiotherapy and Blood bank and Laboratories. There were session on meditation and yoga taken by heart fullness centre, and soft skills training by Col. (Retd.) Yashvant Joshi. A talk on organ donation by Dr. Mona Desai was also arranged. Apart from this, there were time given for sports and extracurricular activities, language and IT.



As a part of foundation course, the Anaesthesia department conducted a Basic Life Support (BLS) training for the students. All the 150 students underwent this training and are eligible for a provisional certificate now.

After completing foundation course, the students had a white coat ceremony when they put on their aprons for the first time and became ready for all hardships of medical studies.

COMMUNITY ONCOLOGY CENTRE, VASNA

Training



Approx. 45 B.Sc. & 02 M.Sc. Nursing students from SKUM College of Nursing, Ahmedabad were posted at hospice between 15 July to 15 September 2019 for **Hands On Training in Cancer & Palliative care** for 14 days during these two month.

Hands On Training

02 M.Sc. Nursing students from Manikaka Topawala Institute of Nursing were posted at hospice between 01 July to 06 July 2019 for **Hands On Training in Palliative care**.

Services



"Health awareness & Check up Programme" among Traffic Police staff was initiated at COC from 1 Sep 2019. Approx 20-30 traffic police personnel were examined on daily basis by Dr Geeta Joshi & Dr. Dinesh Shah. They also visited "Prayas Cancer exhibition" at COC.



Project on **"Prevalence of HPV in urban women"** by GCS & IIPH was executed at COC. Under this project more than 750 women were screened for HPV infection & breast cancer at COC so far.

Events



"Go Green Tree Plantation Programme" 'Samaj Suraksha Foundation' & GCS organized tree plantation programme on on 18 July 2019. Dr. Geeta Joshi -CEO, COC, Staff Members, Hospice patients & their relatives, students from Ganesh Vidhyamandir School, together planted around 150 trees in COC campus. Mr. Amit Shah (Ex. Mayor & Municipal Corporator, Vasna) & Mr. Ashishbhai Patel (Municipal Corporator) were present in the program.

"Raksha Bandhan" Celebration COC Staff nurses tied 'Rakhi' to hospice patients on 15 August 2019 to mark festival of Raksha Bandhan. At the same time everyone showed spirit of patriotism on the occasion of Independence Day.



Staff Achievement



Dr. Geeta Joshi, CEO, was invited as Chief Guest at L.J. Institute of Management in **"Know Your Body"** Seminar. She addressed approx. 150 students & talked about - the unique characteristics of human body, which works on principle of "Good In - Bad Out"!

Departmental Achievement



Dr. Mukesh Kumar

Medical Oncology Department

Dr. Mukesh Kumar & Dr. Kiran Kumar got 1st Prize in QRIUS Quiz Competition in Max Cancer Congress held at New Delhi on 17-18 August 2019. Subsequently they have received sponsorship for EIOC (Excellence in Oncology Care) Conference in Dubai, UAE to be held on 16-18 October 2019.



Dr. Kiran Kumar

Surgical Oncology Department

Dr. Mohit Sharma, Associate Professor, Dept. of Surgical Oncology was awarded with Indo-American Cancer Association (IACA) travelling fellowship for year 2019. Under this fellowship he visited memorial sloan kettering cancer centre (MSKCC) New York for 5 weeks.



Dr. Ronak Vyas



Dr. Mohit Sharma

Dr. Ronak Vyas, Resident Doctor, Surgical Oncology Department has been awarded 2nd prize in Free Paper Presentation in "41 ICON Conference" organized by Indian Cooperative Oncology Network at Ahmedabad on 13-15 September 2019.

Pharmacy Department

Mr. Hitesh Bhuriya, Jr. Pharmacist, got young pharmacist Award in 4th Indo Caribbean Conference. (CTDDMCP - 2019) Association of Pharmacy Professional (APP) He also received Appreciation Certificate on 15 August 2019, Medicity, Civil Hospital, A'bad for this outstanding performance and achievement in the year 2018-19.



Mr. Hitesh Bhuriya

Employee of the Month



August 2019 - Ms. Anera Daranga (Cashier)



September 2019 - Ms. Pina Purabia (Staff Nurse)

Training Program



A special surgical training programme was held by Johnson & Johnson, institute on wheel at GCRI from 22-24 September 2019. The training session was specifically dedicated for resident doctors of surgical and gynaecology where they were trained about knot technique, tissue management and stapler using techniques. Bowel anastomosis and vessel repair were demonstrated and hands on was given on live tissues. A total of 60 doctors attended the session.



Training on Basic Cardiopulmonary Life Support (BCLS) for all medics, paramedics and Compression Only Life Support (COLS) for non-medical staff were conducted by Dr. Rekha Solanki (CPR Instructor) from Anaesthesia department from 18 August to 3 September 2019 at GCRI, Ahmedabad.



“Da Vinci Robotic System Xi” test drive was arranged from 30 August to 6 September 2019 at GCRI. All faculties, resident doctors and fellows from departments of Surgical Oncology, Gynecologic Oncology, Uro Oncology and Anaesthesia, OT staff including nurses and technicians, as well as biomedical team attended this test drive. Round table meet with Dr. Somshekhar (Manipal Hospital, Bengaluru) and Dr. Dhabas (B.L. Kapoor Hospital, Delhi) was arranged on 6-7 September 2019 respectively. The meet was well attended by all the doctors.



Training on Fire Safety was organized for all the employees of GCRI. Employees were briefed about types of fire and fire extinguishers. Live demonstration on how to operate fire extinguisher and how to act in emergency situation was presented to employees.



Super Speciality Courses



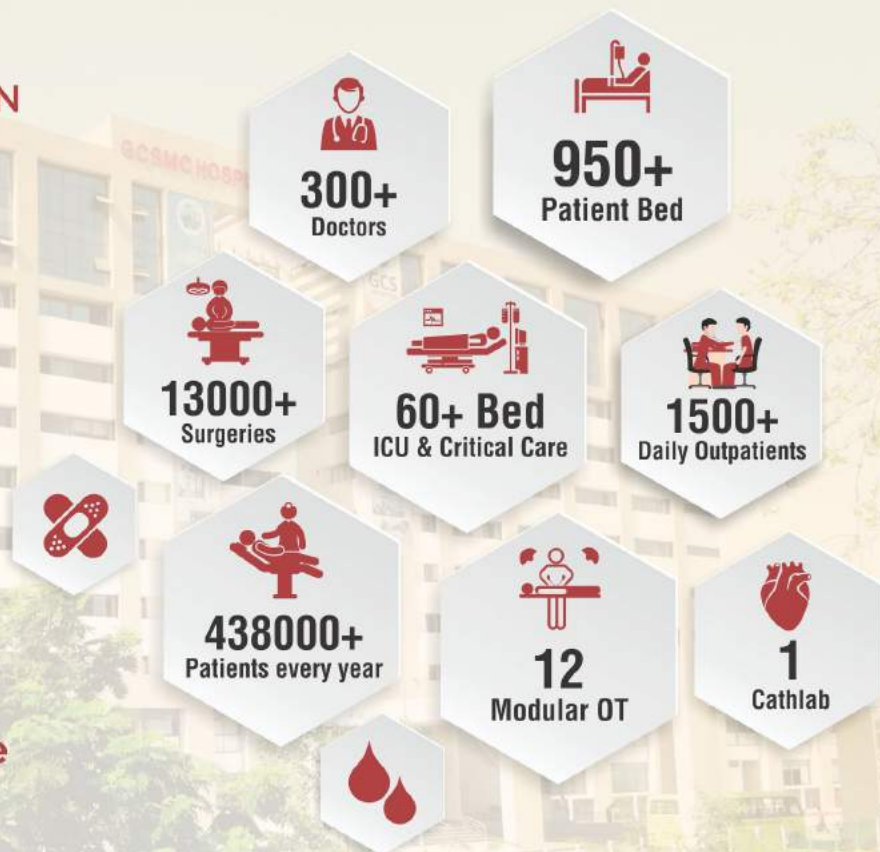
1 (One) seat of MCh in Gynaecological Oncology and 10 (Ten) seats of DM Medical Oncology have been recognized by MCI for 5 years.

All the 8 seats of the first batch of DM Oncopathology are filled.

**A ONE-STOP DESTINATION
FOR ALL YOUR
HEALTHCARE NEEDS**



**GCS Medical College,
Hospital & Research Centre**



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy
- Cardiology Procedure & Cardiothoracic Surgery

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Cathlab
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

**GCS Hospital is
empanelled with Govt. Health Schemes
like Ayushman Bharat, MA Yojana, ESI &
majority of Corporate PSU, Private
Sector, MSME & Insurance / TPA
Companies etc.**

GCS Medical College, Hospital & Research Centre

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